

## Minutes of North Ayrshire Strategic Planning Group Meeting

Held on Tuesday 25<sup>th</sup> January 2021, 10:00am

Virtually on Teams Platform

### Present:

Bob Martin (Chair)  
Councillor Anthea Dickson (Vice Chair)  
David Thomson, Interim Head of Service H&CC/Associate Nurse Director/Lead Nurse  
Michelle Sutherland, Strategic Planning & Transformational Change Lead, NAHSCP  
Thelma Bowers, Head of Service, Mental Health Services, NAHSCP  
Trudi Fitzsimmons (Housing Representative) on behalf of Jacqueline Cameron, NAC  
Louise McDaid, Staff Representative  
Elaine McClure, Portfolio Programme Manager, NHS A&A  
Louise Gibson, Dietetic Lead, Integrated Services, NHS A&A  
Councillor John Sweeney, Three Towns Locality Lead  
Scott Bryan, Strategic Planning, Policy and Inequalities Officer, NAHSCP  
Fiona Comrie, KA Leisure  
Elaine Young, Public Health Representative  
Sharon Bleakley, NHS Healthcare Improvement Scotland  
Jacqueline Greenlees, Planning Officer, Policy and Performance  
Vicki Yuill, Arran CVS & Arran Locality Lead  
Alison Sutherland, Head of Service, Children and Families & Justice Services, NAHSCP  
Clive Shephard, Confederation of North Ayrshire Community Associations  
Roselyn Brown, Governance Assistant (Minutes) NAHSCP

### Apologies Received:

David MacRitchie, Chief Social Work Officer & Senior Manager, Justice Services, NAHSCP  
David Donaghey, NHS Staff Representative  
Glenda Hanna, Independent Sector Rep  
Lorna McGoran, Primary Care Development Manager  
Allison McAllister, Library & Information Manager, NAC  
Lynne McNiven, Public Health  
Betty Saunders, Procurement Manager, NAC  
David Bonnellie, Optometry Representative  
Dalene Sinclair, Senior Manager, Children & Families, NAHSCP  
Janet McKay, Garnock Valley Locality Lead  
Andrew Keir, GIRFEC Manager/Three Towns Locality Lead  
Jacqueline Cameron, Housing Manager  
Ruth Betley, Island Services Senior Manager, NAHSCP

Item No	Item	Action
1.	<b>Welcome and Introductions</b>	
1.1	Bob Martin welcomed everyone to the meeting and re-iterated the virtual meeting protocol.	
2.	<b>Minutes of Meeting held on 10<sup>th</sup> November 2020</b>	
	The minutes from the previous were circulated and agreed to be an accurate reflection of the meeting.	
<b>Focus on: Locality Planning Forums</b>		
3.	<b>Arran</b> Vicki Yuill summarised the discussions from the LPF held on 24 <sup>th</sup> November 2020. She said the focus was on Participatory Budget, whereby local people and groups from across North Ayrshire's six	



	<p>localities are being invited to bid for funding which will help to make a difference in their community.</p> <p>An update on the discussions surrounding the Cost of the School day were also noted and Vicki continued to update the group on the Connecting Scotland Programme where several iPads have been sourced and funded enabling support to residents, including two provided to Montrose House enabling residents to have a connection to their families.</p> <p>Lastly, Vicki confirmed that there was a discussion on the Alcohol and Drugs study. Two subgroups been formed aiming to support individuals and their families with the addictions.</p> <p><b>Garnock Valley</b> There were no representatives available for the Garnock Valley, therefore no updates were provided.</p> <p><b>Irvine</b> There were no representatives available for Irvine, therefore no updates were provided.</p> <p><b>Kilwinning</b> There was no representative for Kilwinning and no update was provided.</p> <p><b>North Coast</b> The next LPF for the North Coast was scheduled for 28<sup>th</sup> January 2021 allowing for a more detailed update for the next SPG. Louise McDaid wished to highlight some of the fantastic work that had been undertaken from the Partnership, and in particular, surrounding the vaccination programme and the LFD Testing Kits roll out and thanked the Care at Home staff for their tremendous ongoing efforts since the commencement of the vaccinations.</p> <p><b>Three Towns</b> Cllr John Sweeney confirmed that the next LPF was scheduled for the middle of February allowing for a more detailed overview to be provided at the next SPG, including updates from the Cost of the School day working group. He highlighted lack of notice given within the Three Towns for MTU's, where Michelle Sutherland confirmed that there has been a bid forwarded to the Scottish Government for 3x MTU's to be utilised as a pan-Ayrshire basis which would alleviate any future issues.</p> <p>Following a brief discussion and to allow for consistency of LPF updates across all localities, it was agreed that a note of update should be provided by the representatives prior to the meeting if unable to attend. Scott to take forward to ensure all representatives are aware of this for future meetings.</p>	<p>Scott Bryan</p>
--	---	--------------------



Focus on: Strategic Plan Development		
4.	<p>Michelle wished to extend her thanks to all that have assisted and participated in the development of the Strategic Plan.</p> <p>Scott delivered a presentation, which summarised the contents within the draft Strategic Plan circulated to members prior to the meeting. For the development of the Strategic Plan the North Ayrshire Wellbeing Conversation was launched on the Friday 23rd October 2020. There will be further conversations and different ways to get involved, once the current social distancing measures are relaxed and the Wellbeing Conversation will run until 31 March 2022.</p> <p>Scott continued to explain 75% of people have said 'spending time with friends and family' was most important to them and 69% have said 'walking'. Just 6% (one of the lowest responses) have said 'see a health and social care professional'.</p> <p>When asking if people would like to be more involved in shaping health and social care services, 37% said 'yes', 26% said 'maybe in the future' and 36% said 'no'. Those who have answered 'yes' (150 people at the time of writing) will be invited to join our Care Improvement Network, which is a virtual network of people who are keen to help us shape and design the future of health and social care in North Ayrshire. The Partnership has shared this 'bridging plan' with them for comment.</p> <p>Feedback from members was welcomed and the general consensus seemed positive.</p> <p>Lastly, Scott also confirmed consultation with other services are still ongoing and an Irvine based designer has been identified to streamline the report. There will also be a summary document produced.</p>	Ongoing
Focus on: Remobilisation		
5.	<p><b>Mental Health, Addictions and Learning Disability</b></p> <p>Thelma Bowers provided a brief overview on key remobilisation actions to support our pandemic response within mental health services including, prioritisation of children and young people receiving support from Child and Adolescent Mental Health Services (CAMHS), community mental health services supporting people within their communities, North Ayrshire Drug and Alcohol Recovery service (NADARS) to support people with complex addiction issues, pan-Ayrshire Crisis services which respond to people with mental health distress in their communities and the provision of a community based Brief Intervention Service, Lead Partnership Allied Health Professionals providing rehabilitation support and Psychological support for staff wellbeing across our whole system including third and independent sectors and carers, work closely with colleagues in Acute Services and Police Scotland to address the levels of unscheduled care in mental health, Expanding access to the increased range of supported digital</p>	



	<p>options for Mental Health as part of a tiered model for service delivery.</p> <p><b>Children, Families and Justice</b>          Alison Sutherland provided an update to the group of the ongoing priorities identified within Children, Families and Justice services. She said the main focus recently has been centred around 'the promise' which aims to reduce external placements &amp; supporting young people back to North Ayrshire. She also said that it was key to grow fostering &amp; kinship placements &amp; support families. Additionally, there will be a focus to build on partnership working with a wide range of services to support young people including mental health &amp; wellbeing approaches with North Ayrshire Council Education services, transitions of care to be planned and improved, and a refocus the role of school nursing to ensure effective and joined up responses to support young people.</p> <p><b>Health and Community Care</b>          David Thomson provided the group with the remobilisation actions to support Health and Community Care services pandemic response, which was to focus on improving and investing on Unscheduled Care, redesign of Older People Services, including but not limited to increasing the Care at Home Capacity. He informed the group that there has been local radio and newspaper advertising aiming to increase workforce. He wished to highlight that in January 2021 the Independent Review of Adult Social Care will report its recommendation to Scottish Government and this may also have an impact on remobilisation plans.</p>	
<b>Focus on: Gambling Addiction</b>		
6.	<p>Following the meeting held on 11<sup>th</sup> December 2020 with a representative from Gamblers Anonymous (GA), Scott Bryan provided the group with a brief overview of the meeting. GA is an independent organisation where 90 groups have been established across Scotland, which are completely anonymous and are always welcoming of any new individuals when they reach a crisis stage of their addiction to gambling.</p> <p>Scott advised the group of the concerns around gambling addiction; that it is often hidden, can cause great stress and anxiety for people affected, people feeling alone and isolated with no one to turn to.</p> <p>It was also reflected that there are no current 'early warning' signs of gambling addiction, and introduction to gambling can be found as early as school age, with young people playing small gambling games. The discussion with GA also highlighted instances of young people becoming addicted and running up huge debts on parents' credit cards. Again, leaving the young people with feelings of shame, stress, and anxiety.</p> <p>This formed a discussion between members and it was agreed that work should continue on this, and perhaps forming workshops in schools to highlight the impacts gambling can have.</p>	<p>Ongoing</p> <p>Scott Bryan</p>



	Scott also advised that he will engage with Community Link workers and shared the possibility to create a 'toolkit' for the Community Link workers to utilise aiming to spread awareness.	
	<b>Future Meetings</b>	
7.	<b>Future Agenda Items</b>  Future Agenda Items: Feedback on future agenda items to be provided to Bob Martin, Michelle Sutherland or Scott Bryan.	
8.	<b><u>2021</u></b> <i>Tues 30<sup>th</sup> March (10am – 12)</i> <i>Tues 25<sup>th</sup> May (10am – 12)</i> <i>Tues 3<sup>rd</sup> August (10am – 12)</i> <i>Tues 28<sup>th</sup> September (10am – 12)</i> <i>Tues 23<sup>rd</sup> November (10am – 12)</i>  That concluded the meeting and Bob thanked all for attending. The meeting was closed.	