

# North Ayrshire Health and Social Care Partnership Our Strategic Plan: the way ahead 2016–18

Tackling inequalitiesEngaging communitiesBringing services togetherPrevention and early interventionImproving mental health and wellbeing

# Delivering care together

# Reflections from Iona Colvin

Caring together is at the heart of our health and social care partnership in North Ayrshire. Community health and care (everything outside of acute hospital care) is provided by our partnership of North Ayrshire Council, NHS Ayrshire & Arran, the third sector and independent care sector: together we are North Ayrshire Health and Social Care Partnership.

Delivering care together





We are person-centred and we want to make sure that people's voices are heard and their needs are met; this is at the core of our planning and decision making. People who use our services, carers and families, staff and stakeholders work together to improve and shape the future of health and social care services.

We published our first plan in April 2015 and since then have worked hard to meet our key objectives, including

 Development of our new health and social care locality forums - where communities are supported to get involved to create shared solutions to resolve local health and care needs.



- Joining together of NHS and Council Addictions teams into one team called North Ayrshire Drug and Alcohol Recovery Service (NADARS)
   one point of contact, with open referral for everyone; we're working together to create effective recovery journeys for the people who use our service.
- Opening of Woodland View, our new mental health and community hospital in Irvine. This forward-looking amenity will greatly enhance our ability to better meet the needs of Ayrshire and Arran's residents.

Have a look at more of our key successes on page 6. These are also included in our Annual Performance Report, available at www.north-ayrshire.gov.uk North Ayrshire Health and Social Care Partnership has lead responsibility for Mental Health Services across Ayrshire. As a lead partnership we manage and provide professional leadership to staff across an all-Ayrshire service, such as Woodland View. We work together with East Ayrshire and South Ayrshire Health and Social Care Partnerships to make sure that lead partnership work is complementary to Partnership's needs.

Our work with colleagues from East Ayrshire and South Ayrshire Health and Social Care Partnerships along with NHS Ayrshire & Arran acute hospitals, includes tackling a range of health and social care issues across all of Ayrshire. We develop frameworks and shared solutions that recognise our distinct environments and individual structures, such as transport for people who use our services.

People in the Partnership are our biggest asset. Our ongoing successes are because of their dedication, innovative thinking and commitment to our vision, values and strategic priorities. Extensive improvements to services and the exceptionally positive results of staff engagement surveys tell us that the people who work every day to meet North Ayrshire's health and care needs are proud and happy to be part of the new evolving and exciting partnership picture. Our aim is that partnership working in local communities will create a more equitable, healthier and better society for everyone. Local community voices will help us with our strategic planning process, which in turn will become the plans that our Integration Joint Board (IJB) agrees to. This ensures that we listen and respond in the best way possible to local health and social care needs.

The pages that follow give more detail of what North Ayrshire Health and Social Care Partnership will achieve in the next 18 months. I will then report back to let you know what we have achieved and the impact that this is having to ensure, 'All people who live in North Ayrshire are able to have a safe, healthy and active life.'

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#### Iona Colvin

Director North Ayrshire Health and Social Care Partnership

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# Vision, values and strategic priorities

#### Vision

The purpose of North Ayrshire Health and Social Care Partnership is that:

All people who live in North Ayrshire are able to have a safe, healthy and active life.

#### Values

We hope you experience our values in the way North Ayrshire Health and Social Care Partnership engage with you and how we behave:

- Person centred
- Respectful
- Efficient
- Caring
- Inclusive
- Honest
- Innovative

If you don't experience these values in your interactions with us, please tell us. It's the only way we can improve!

#### **Strategic priorities**

To deliver our vision, North Ayrshire Health and Social Care Partnership will continue to focus on these five priorities:

- Tackling inequalities
- Engaging communities
- Bringing services together
- Prevention and early intervention
- Improving mental health and wellbeing



# Year 1 key successes

These are some of our achievements from our first year as North Ayrshire Health and Social Care Partnership.

#### **Tackling inequalities**

- Money Matters team supported the most vulnerable people in our communities with money and benefit advice (total amount £7,614,130).
- SNAP (Stop Now and Plan) Programme 100% of children and their parents who took part in SNAP are now more effectively engaged, together and in education.



£7,614,130

 Worked together to develop *Fair for All*, North Ayrshire Community Planning Partnership's (CPP) Inequalities Strategy (see page 36).

#### **Engaging communities**

- Developed Health and Social Care Locality Planning Forums (see page 18).
- Brought people together to help design the future of services, ranging from Care at Home to paediatric neuro-developmental services.
- Held public events, for example, Care and Support North Ayrshire (CareNA) exhibition.



#### **Bringing services together**

- Created health visiting teams that now include social workers and improved links with Money Matters.
- Created a single joined-up Addictions service team - North Ayrshire Drug and Alcohol Recovery Service (NADARS).
- Created a care rehabilitation hub in Ward 1 at Woodland View; a new way of giving joined up care to people coming through Crosshouse Hospital.



#### **Prevention and early intervention**

- Developed a new signposting service (Connecting People in Communities), based in local GP practices, with Community Connectors (see page 11).
- Invested in and increased the capacity of our Care at Home service to meet the growing local demand - we hugely improved the quality of our Care at Home service.
- Developed *Getting it Right for You*, North Ayrshire Children's Services Plan 2016-2020 (see page 15).



#### Improving mental health and wellbeing

- Opened Woodland View mental health and community hospital in Irvine.
- Increased effectiveness of MADART (Multi-Agency Domestic Abuse Response Team) in reducing reported domestic abuse in North Ayrshire.

Our Year 1 achievements will be reflected in our Annual Performance report. This is available at www.north-ayrshire.gov.uk

# Now, and in the future ...

#### In the next two years we will find new ways of working to better care for local people. We will:

- Develop a wider range of primary care services in local communities (see page 10)
- Support the needs of older people and adults with complex care needs (see page 12)
- Build teams around children (see page 14)
- Create a new strategy for mental health and learning disabilities (see page 16)

All of our work falls into our strategic priority categories; here are some examples.

Fair for All

MARCH 2016

#### **Tackling inequalities**

- We will make sure our services to children support them to have a better start in life (see page 14).
- We will work with Community Planning Partners (CPP) to implement Fair for All (North Ayrshire's Inequalities Strategy) (see page 36).

#### **Engaging communities**

• We will support localities to create their own local solutions to health and social care needs (see page 18), via locality planning forums.

#### **Bringing services together**

- We will develop locality based multi-disciplinary teams, including addictions workers, allied health professionals, community connectors, dentists, GPs, money matters advice, optometrists, pharmacists as well as teams of social workers and district nurses to support and care for people with complex care needs.
- We will implement our review of island services on Arran and will undertake a review of how services are working on Cumbrae.

# Prevention and early intervention

- We will promote self-management to enable people to take control and better manage their own health.
- We will make sure there are additional services to support people to avoid admission to hospital.
- We will increase opportunities for people to get involved in their local communities.

# Improving mental health and wellbeing

• We are adopting a holistic, whole life approach with a range of community services to support people thoughout their life to live well for longer.

#### **Primary care services in local communities**

Our dentists, GPs, optometrists and pharmacists (primary care professionals) along with community care staff (addictions workers, advanced nurse practitioners, community connectors, money matters, psychologists, social workers) play a unique role in supporting people to maintain their health, independence and wellbeing at home.

There is increasing demand for services. Our aim is to inform people about the range of local services available, help them make healthy life choices and involve them in identifying local opportunities and ways to make services more effective.

#### Why do we need to make changes?

- To support more older people and people with with complex and multiple health conditions
- To help people with less income experience improved health
- To address the low numbers of trainee doctors wanting to join GP practices
- To accommodate high numbers of primary care staff who are eligible to retire



#### These examples are exploring opportunities to make services even better:

- We are engaging with each North Ayrshire GP practice to find out where and how more support will enable them to improve their services.
- Connecting People in Communities places a Community Connector in seven local GP practices, where they advise local people of community health and support initiatives.
- Local health and social care professionals are designing their future together: Ambitious for North Ayrshire: building our locality multi-disciplinary teams.



#### The future

Ambitious for North Ayrshire has identified some projects for change for each locality. These will help to ensure local people are supported more fully with health and care needs. Some examples include:

- Arran Review medicine-prescribing and highlight opportunities for improvements.
- **Garnock Valley** Develop opportunities to encourage young people to get more involved in their local communities.
- **Irvine** Public engagement event at GP practice in Castlepark to ask local people for their views.
- **Kilwinning** GP support within local nursing home and Occupational Therapy support in local pharmacy.
- North Coast & Cumbrae Develop public information sessions across GP practices.
- Three Towns Create an education and information programme to develop support for young men and another for young mothers.

Our teams will wrap around primary care practices, including Advanced Nurse Practitioners, Allied Health Professionals, Community Connectors and District Nurses. Each locality will develop its own model of collaboration with the third and independent sectors. We will develop a range of approaches and ensure high quality, sustainable services are available as close to people's homes as possible. As a result, when you need help, primary care will be able to respond with the professional who is best placed to help you.

#### Older people and adults with complex care needs

We want to enable people to live well in their own home for as long as possible. We are working to change how we support older people and people with complex care needs across Ayrshire. We want people to live as full, healthy, active and independent lives as possible.

In North Ayrshire, we are living longer than ever before, but with more complex health and social care needs. However, advances in medicines, treatments and technologies provide the opportunity to transform how and where people can live their lives. Our aim is to support people to live as independently as possible at home or in a homely setting.

We will work together with communities and in communities to provide the highest possible quality of health care, to support people to stay well and benefit from early intervention help and support to reduce the need for visits to hospital.

#### Why do we need to make changes?

- To help people to stay in their own home for as long as possible
- To prevent unnecessary acute hospital admission
- To support timely discharge from hospital
- To promote faster recovery from illness
- To prevent premature admission to long-term care

#### We already have great examples of how we are working together to support people in their communities.

- Our Care at Home team have greatly reduced the waiting lists for care packages and the length of hospital stays people need.
- Our community alarm teams are working alongside the Scottish Ambulance Service in Irvine to try new ways of better supporting people at home.
- We are testing a *Connecting People in Communities* project in localities across North Ayrshire, linking people with a range of health professionals and activities.
- Ward 1 in Woodland View hospital is now open and provides rehabilitation after an acute hospital stay in a welcoming local setting.
- Ward 2 in Woodland View provides longer-term care for people with complex needs who cannot currently live outside a hospital environment.

# <image>

#### But we want to do more ...

#### The future

We have a wide programme to develop new models of care for older people and people with complex needs.

We will develop a range of health and social care options, including:

- Supporting people to stay at home or a homely environment (including Care at Home, GP and community services).
- Making best use of all our resources including staff, community teams, community hospitals and care homes.
- Supporting people living with multiple conditions or more complex needs, including dementia and frailty.
- Supporting people with hospital care, when appropriate.
- Supporting people to regain independent living through rehabilitation.
- Supporting people nearing the end of their life.

North Ayrshire Health and Social Care Partnership will develop an effective, multidisciplinary, multi-agency approach that is flexible and responsive in meeting the needs of those we serve.

#### **Teams around children**

We are establishing teams around children. These multi-disciplinary professional teams will work together and include educational psychologists, mental health support workers, social workers, teachers including CAMHs and youth services. As far as is possible, these teams will be based in one location. This will ensure that children, young people and families who need additional support have the right professionals around them at the right time.



#### Why do we need to make changes?

- To support individuals in their role of 'named person'
- To put children and their families at the heart of what we do
- To address varying levels of need in different localities this is affected by levels of deprivation in localities
- To utilise our resources effectively across North Ayrshire

# There are significant benefits of the teams around children approach, these include:

- Having the right person there at the right time.
- Being education-based means children will be more familiar with those involved in their lives.
- Improved information sharing so that concerns can be addressed as early as possible.
- Less crisis demand on services because of our early intervention approach.

Getting it Right for You: North Ayrshire Children's Services Plan 2016-2020 describes how we will work to improve children's outcomes. It contains promises on what services will do to improve the lives of children in North Ayrshire. It promises to give children and young people access to the professionals who can give them the right support at the right time. Early intervention and prevention is central to the Children's Services Plan. Effective multi agency working and information sharing is vital to early intervention to ensure children and young people get the support they need.

HAVE

WE ALL

RIGHTS

HAVE

RIGHTS

#### We will focus activity on the priorities in the Children's Services Plan. We will Improve how children and young people engage with education

The future

- Help children and young people to keep fit and be at a healthy weight
- Help reduce smoking, drinking and taking substances at an early age
- Support children and young people's social and emotional development

This teams around children approach will mean earlier identification of children who may be having difficulties. It also means that these young people will have faster access to the services they need. This will increase their life chances and positive outcomes for more of North Ayrshire's young people.

HAVE

RIGHTS

#### Mental health and learning disability services

Improving mental health and wellbeing is a key strategic priority for us; the opening of Woodland View will help us meet this priority. As more local people seek out help and support for mental health services, we have an opportunity to improve how staff, partner organisations, carers and people who use our services work together to provide a more seamless and more holistic experience.

#### Why do we need to make changes?

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- To address the ongoing rising demand for services by implementing early intervention and prevention approaches; we experienced an increase of 41% in 2015, compared to 2014.
- To make services available closer to people's homes and in an appropriate setting.
- To allocate resources so that there are fewer gaps in services.
- To make sure that if hospital stays are necessary, that these are the best quality of care for the shortest period of time.



Early intervention is key to helping prevent people being in crisis. We will develop specialist tailor-made services in North Ayrshire that will improve people's mental health and wellbeing and the journey they take through services during their life. This will help people to live fulfilling lives.

We will work with communities to support people to stay well while developing a range of approaches and high quality, sustainable services that are available as close to people's home as possible.



#### The future

We are planning improvements:

- We will improve services to support children and young people who receive an investigation for autism and ADHD.
- We will create a multi-disciplinary community mental health team that has access to a network of local supports.

- We want to better support people and speed up their move from hospital back to the community.
- We will create a single joined-up learning disability team that gives person-centred support and promotes independent living, where possible.
- We will enable people to access Psychological Therapy help and support as soon as possible.
- We will listen, discuss and collaborate with staff, stakeholders, people who use our services and their carers and with local people on the best way forward.
- We will develop a new Learning Disability Strategy and improve the range of services available. Some of these services will be through the development of the Red Cross House site in Irvine:
  - Develop alternative supportive technology to provide greater community based choice, independence and positive risk taking
  - Improve the range of community based supported accommodation options, particularly for people with complex needs
  - Develop a new purpose designed Learning Disability Day Service
  - Review respite services and develop a short breaks service to increase the range of choices available
  - Develop social enterprise and supported employment opportunities
  - Develop Self Directed Support (SDS)
  - Review inpatient services and ensure timely discharge

# Health and Social Care Locality Planning Forums

North Ayrshire Health and Social Care Partnership has developed six Locality Planning Forums in Kilwinning, Irvine, Three Towns, Garnock Valley, North Coast & Cumbrae and Arran. These forums will help us deliver priorities at a local level.

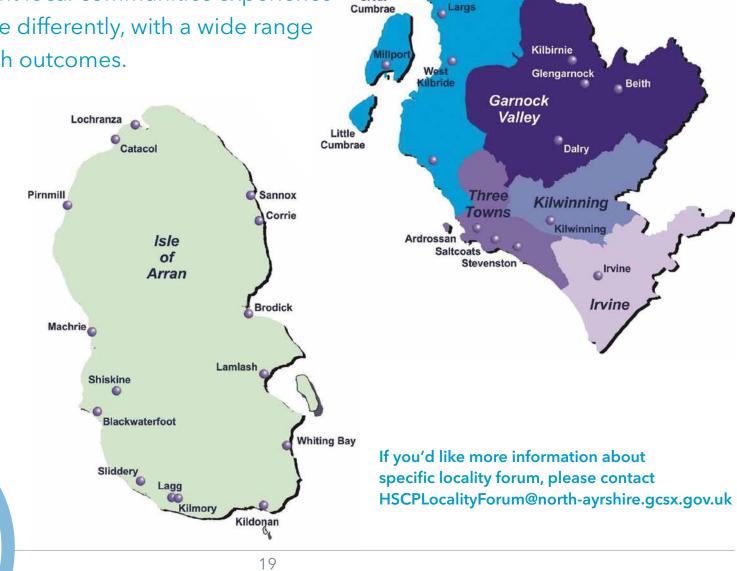
Locality Planning Forums will make it easier for North Ayrshire people to be involved in the decisions that will influence and shape local health and care services. The Forums will work with local people, groups and organisations, listening to their needs and aspirations; they will be crucial in identifying North Ayrshire health and social care needs and key to our future strategic planning.

#### **Our localities**

136,000+

**\*\*\***\*\*\*\*

North Ayrshire is home to over 136,000 people. People from different local communities experience life in North Ayrshire differently, with a wide range of contrasting health outcomes.



Skelmorlie

Great

North

Coast & Cumbraes

#### **Kilwinning**

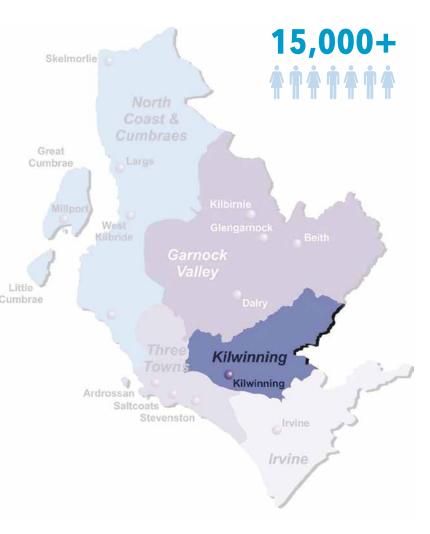
# A high proportion of Kilwinning's population are of working age.

Famous for its historic sites, such as Kilwinning Abbey and Eglinton Castle, Kilwinning locality is home to a high number of young families and young adults. The town has an active local community, with groups for all ages and interests, complimented by a busy sports centre and local junior football team.

In recent years the area has grown in affluence, with declining levels of multiple deprivation and income deprivation.

#### Kilwinning Locality Planning Forum has identified the following priorities

- Engage with local early years nurseries to hear views from parents.
- Introduce GP visiting sessions in local nursing homes.
- Make Occupational Therapy advice available in the local pharmacy.
- Undertake a networking event to understand the local health and social care provision available.



#### Irvine

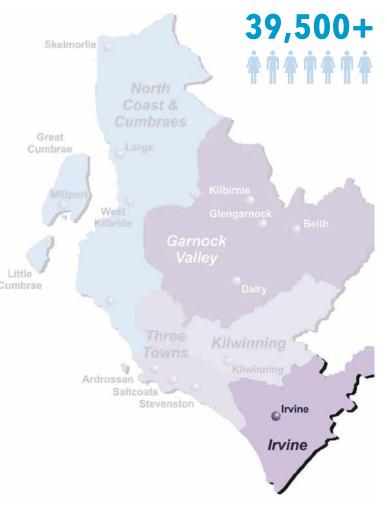
Irvine is a town with a long history. It was made a Royal Burgh in 1372 by Robert II and is now a busy town with important historical and maritime connections.

With almost 40,000 residents, Irvine is the most highly populated locality in North Ayrshire. Irvine has an overall younger age profile than the rest of North Ayrshire, and this contributes to it having a higher number of people of working age. Irvine residents have generally good access to services and improving attainment in local pupils' education.

Irvine locality has high levels of health deprivation as well as high levels of unemployment which contributes to local people experiencing a wide range of health issues with little or no support organisations.

## Irvine Locality Planning Forum has identified the following priorities

- Address issues of social isolation across all ages.
- Improve low level mental health and wellbeing particularly among young people.
- Improve access to local physiotherapy for those with musculoskeletal concerns.



#### **Three Towns**

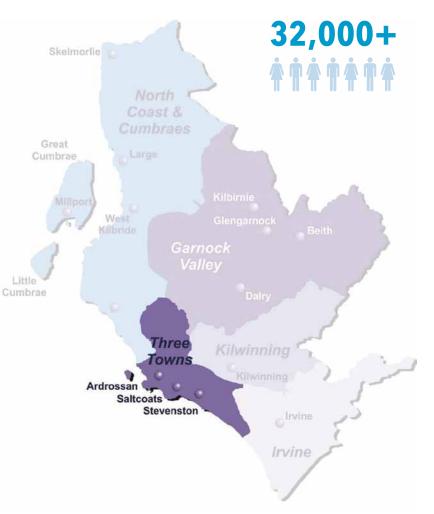
The towns of Ardrossan, Saltcoats and Stevenston make up the Three Towns locality, which has a population of over 32,000 people.

Ardrossan's development during the industrial revolution was down to its position on the Clyde coast and the coal and pig iron trade. Stevenston had over 32 coal mines in the area, while Saltcoats' industrial heritage was in salt harvesting (hence the name, Saltcoats).

The area is seeing a rise in the young adult population that is coupled with improving educational performance and school attendance. Three Towns locality has the highest local unemployment rate, with rising levels of health deprivation and some of the lowest male life expectancy in North Ayrshire and a third of its children live in poverty.

Three Towns Locality Planning Forum has identified the following priorities

- Ensure appropriate care at home options for older people.
- To improve mental health and wellbeing of young men, including addressing issues of social isolation.



#### **Garnock Valley**

#### With a population of over 20,000, the main towns of Dalry, Beith and Kilbirnie make up the Garnock Valley locality.

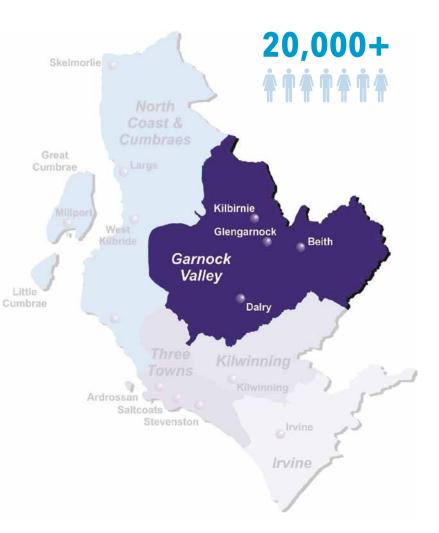
Kilbirnie's industrial heritage includes flax and weaving, and in more recent history, iron and steelmaking. While Beith was once a haven for smugglers, it is also the birthplace of Henry Faulds, who is credited with identifying the forensic use of fingerprinting.

Presently, the locality has a vibrant community spirit, with strong support for local sports, music tradition and many volunteer groups.

While it is traditionally an area with significant deprivation, the Garnock Valley has many strengths, including an improvement in the educational performance of local young people and a low dependency ratio (a higher number of people in the area are of working age).

#### Garnock Valley Locality Planning Forum has identified the following priorities

- Engage with young people to help improve their health and wellbeing.
- Improve low level mental health and wellbeing across all age groups.
- Reduce social isolation across all age groups.
- Reduce the impact of musculoskeletal disorders.



#### North Coast & Cumbrae

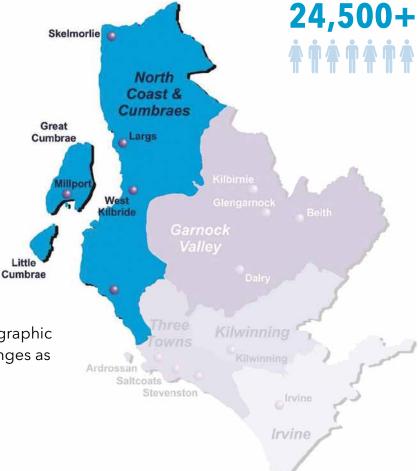
# The North Coast and Cumbrae locality is home to almost 25,000 residents.

It includes the towns of Largs and West Kilbride, the villages of Fairlie and Skelmorlie and the island community of Cumbrae. This locality is one of the most affluent areas in North Ayrshire and has one of the highest life expectancies compared to other localities. Household incomes tend to be higher although there are significant pockets of deprivation, including the Isle of Cumbrae (classed as a fragile economy). The area has relatively low unemployment and its young people perform well academically.

Many visitors and retirees are attracted to the area due to the appeal of the seaside and island life. There is consequently a large elderly demographic within this locality which brings significant health and social care challenges as people are living longer with multiple co-morbidities and disabilities.

#### North Coast & Cumbrae Locality Planning Forum has identified the following priorities

- Reduce social isolation of older people and those with complex needs.
- Develop support for young people who suffer from stress and anxiety.
- Reduce the impact of musculoskeletal disorders.
- Promote opportunities for financial inclusion.



#### Arran

# Over 4,500 people live on the Island of Arran; the largest island in the firth of Clyde.

Tourism is the main industry, with scenery and wildlife being key attractions - Arran is home to the big five of Scottish wildlife; red deer, red squirrels, golden eagles, seals and otters.

The Arran locality has a higher life expectancy compared to the rest of North Ayrshire and is also above the Scottish average, however Arran has a much higher frail elderly population who have more than one health condition. The island has relatively low levels of deprivation and unemployment, along with high educational attainment for local pupils and generally lower levels of crime.

Arran has a wide range of on-island services, however the largely rural community has poor access and has a higher proportion of older people needing support.

#### Arran Locality Planning Forum has identified the following priorities

- Develop transport solutions that help local people in accessing support.
- Reduce social isolation.
- Improve support to those with complex care needs.

#### 4,500+ †\*†\*†\*



# Culture and voice

#### **Building our partnership culture**

We use a strengths-based approach in our partnership that includes; Appreciative Inquiry, design thinking, coaching and mentoring and positive change methodologies. These recognise the human element of bringing services together in North Ayrshire, and the great dedication and expertise available through our staff, partners and communities.

# Our Organisational Development approach enables:

- Continuing development of partnership working with people who use our services, carers, staff, staff representatives and partner organisations.
- Building on a commitment to share principles and a collaborative culture.
- Continuing improvement of services that provide better outcomes for people.

Developing relationships and embedding the values of the Partnership in a range of service, team and staff engagement and design activities will continue to be an important focus for us. The positivity and 'can do' approach that appreciates the potential in people opens new and exciting opportunities for health and social care joinedup thinking. This human centred approach also recognises and appreciates the wellbeing of all and as such many of the approaches focus on developing resilience, which is underpinned by the Partnership values (see page 5).

#### **Creating our partnership voice**

We engage with our staff, members of the public, carers and people who use our services in various ways. We use social media and websites, we hold public events and involve North Ayrshire residents in service redesign.

Each time people receive health and social care support they will experience our Partnership ethos of person-centred care. We aim to create a dialogue where people's views are included and having open conversations is the new way of working. We promote our services and the benefits of partnership working and engage with a wider audience, including people from seldom heard groups, in service design and delivery.

www.carena.org.uk is a great way to find out what's happening in North Ayrshire as well as information about health and social care in your locality. Monitoring, money and working in partnership

#### **Monitoring and evidencing**

Changes to services have to make a difference to people's lives. We continually monitor our services, and report and review them in various ways. One of our measures is to use the nine national Health and Wellbeing Outcomes set by Scottish Government.

#### **Outcome 1: Healthier living**

Individuals, families, and local communities are able to look after and improve their own health and wellbeing, so that more people live in good health for longer with reduced health inequalities.

#### **Outcome 2: Independent living**

People, including those with disabilities, long term conditions, or who become frail, are able to live as independently as reasonably practicable in their community.

## Outcome 3: Positive experiences and outcomes

People have positive experiences of health and social care services, which are centred on meeting individuals' needs and providing choices that help to maintain or improve quality of life.

### Outcome 4: Maintained or improved quality of life

People have positive experiences of health and social care services, which are centred on meeting individuals' needs and providing choices that help to maintain or improve quality of life.

## Outcome 5: Reduced health inequalities

Health and social care services contribute to reducing health inequalities.

## Outcome 6: Carers are supported

People who provide unpaid care are able to maintain their own health and wellbeing, including having a life alongside caring.

#### **Outcome 7: People are safe**

People using health and social care services are safeguarded from harm and have their dignity respected.

#### Outcome 8: Engaged workforce

People delivering health and social care services are positive about their role, and supported to continuously improve the information, support, care and treatment they provide.

#### **Outcome 9: Effective resource use**

Best value is achieved with resources used effectively within health and social care, without waste or unnecessary variation.

We make sure that we link what we do to our strategic priorities and the nine national outcomes, and that everyone in the Partnership can see how they contribute.

#### Finance

# This is how we propose to spend our monies in 2016/17.



2016/17 Objective summary budget	£'000
Mental Health and Learning Disability Services	67,773
Learning Disability	16,529
Community Mental Health	5,334
Addictions	2,373
Lead Partnership	43,537
Health and Community Care	59,241
Locality Services	27,147
Community Care Service Delivery	22,676
Long Term Conditions	4,092
Rehabilitation and Re-ablement	2,684
Integrated Island Services	2,642
Primary Care	47,876
Children, Families and Criminal Justice	30,402
Looked After & Accommodated Children	15,361
Fieldwork	5,872
Intervention Services	4,314
Early Years	1,984
Lead Partnership	1,606
Policy and Practice	781
Changing Children's Services Fund	469
Criminal Justice	(16)
Management and Support Costs	4,799
Change and Improvement Service	3,281
TOTAL	213,341

#### Finance: Integrated Care Fund 2016/17

#### This fund is allocated to health and social partnerships by Scottish Government.

Our Integrated Care Fund allocation for 2016/17 is £2,890,000.

Lead officers from the Partnership representing health, social care, independent sector and the third sector have earmarked £2,404,275 for a range of projects (see page 32). These projects evaluated strongly from previous year's ICF monies.



The balance £485,725 will be spent on developing work around the following three priorities of:

- Developing teams around GP practices
- Reducing social isolation and loneliness
- Improving early mental health support

#### Ideas and Innovation

Project	Sector	2016/17 budget
British Red Cross: Home from Hospital	Third Sector	£93,848
Community Connectors	NAC/Third Sector	£186,000
Early Intervention from Custody	NAC	£45,000
Enhanced end of life / Palliative care facility	Independent	£40,040
Food Train	Third Sector	£75,000
Hepatitis C Support	NAC	£41,000
Medication for Carers	NHS	£20,000
Medication for ICES	NHS	£25,000
On Yer Bike	Third Sector	£25,000
Positive Connections	Third Sector	£7,550
Post Diagnostic Support	NHS	£60,000
Recovery Café	NAC/Third Sector	£15,000
Rehab Health and Wellbeing (HARP)	NHS/Third Sector	£142,000
Self management support	NHS	£2,600
Services to Redburn	NHS	£12,000
Staying Connected, Good Neighbours, Home from Hospital, On Ward	Third Sector	£38,610
Talking about Diabetes	NHS	£2,811
GP service (Fullerton)	NHS	£50,000
Community Phlebotomy Service	NHS	£54,000
District Nurse (Arran)	NHS	£30,000
Intermediate Response Team (attend 999 calls)	NAC	£21,543

TOTAL **£987,002** 

NAC = North Ayrshire Council NHS = NHS Ayrshire & Arran

TOTAL

#### Change Team

Project Change Team	<b>Sector</b> NHS/NAC/National	<b>2016/17 budget</b> £814,674	TOTAL <b>£814,674</b>
Ongoing support to increase independence			
Project	Sector	2016/17 budget	
Dementia training	NHS	£39,189	
Falls Co-ordinator	NHS	£13,000	
Falls Trainer	NHS	£14,000	
Local Integration Lead	Independent	£21,000	
LOTS Resource Workers	NAC	£71,298	
Lunch clubs / Community development	Third Sector	£30,000	
TSI Development Worker	Third Sector	£60,000	
Telecare Technician	NAC	£26,000	TOTAL
Heart Failure Nurse (One third)	NHS	£15,000	
TSI capacity	Third Sector	£48,000	£337,487
Engagement and Locality Planning			
Project	Sector	2016/17 budget	
Primary Care / GP engagement / Locality Forums		£53,000	
Participatory Budgeting		£60,000	TOTAL
Engagement staff costs		£57,000	£170,000
Teams around GPs			
	<b>C</b>	0047471	TOTAL
Project	Sector	2016/17 budget	
Advance Nurse Practioner x 2	NHS	£95,112	£95,112

#### **Equality outcomes**

The Equality and Human Rights Commission (EHRC) requires all Health and Social Care Integration Joint Boards (IJB) to publish their equality outcomes and accompanying report by 30 April 2016.

North Ayrshire Health and Social Care Partnership is committed to ensuring that all individuals and communities in North Ayrshire are treated fairly and have the opportunity to thrive and fulfil their potential. Our ambition for a safe, healthy and active North Ayrshire cannot be realised unless we address the prejudice, discrimination and disadvantage that hold people back and prevents them from flourishing.

# equality

#### noun

the state of being equal, especially in status, rights, or opportunities.

We have developed a set of Equality Outcomes that link directly to our strategic plan. This provides a framework for positive action to ensure equality of opportunity.

- **1.** The impact of inequalities is reduced in North Ayrshire
- **2.** Vulnerable people have access to support to tackle financial difficulties
- **3**. More disadvantaged people are in work or training
- **4.** Vulnerable people are kept safe from harm
- **5.** Services are inclusive to the transgender community
- **6.** Local people are involved in improving their communities
- 7. Carers have the support they need
- **8.** Individuals are supported to improve their physical health and wellbeing

In addition, we will work with partners to create a shared set of equality outcomes that ensure a joined-up approach to equality issues throughout Ayrshire.

For more information please see www.north-ayrshire.gov.uk

#### Linking in with North Ayrshire Community Planning Partnership



We are a key partner within North Ayrshire Community Planning Partnership (CPP) and make a significant contribution to the area's **Single Outcome Agreement**.

However, it is recognised that to improve the health

and wellbeing of local people, North Ayrshire Health

Much of what we would like for the people of North

and Social Care Partnership cannot work alone.

Ayrshire can only be achieved through working together. For example, many social aspects can

This agreement outlines three strategic strands to promote and improve the wellbeing of the local area:

- A Working North Ayrshire
- A Healthier North Ayrshire
- A Safer North Ayrshire

impact on the health and wellbeing of an individual, We lead on achieving the outcome for such as; community safety, employment and leisure 'A Healthier North Ayrshire'. We will activities. Through working together to ensure local The CPP Board endeavour to ensure that vital health and people are not negatively impacted by such factors, care services are available for local people we can make North Ayrshire a better place to live for to help improve health and wellbeing. all residents. The Strategic Management Team The Economic, The Community North Ayrshire The Community The Safer North Ayrshire Development, & **Engagement Reference** Health and Social Care **Engagement Network** Partnership **Regeneration Board** Integrated Joint Board Group

#### **CPP and Fair for All (North Ayrshire's Inequalities Strategy)**

High levels of inequality exist within North Ayrshire. Evidence of inequalities can be found in the differences in wealth, education and health across the local population.

The real world impact of this is illustrated by a person born and raised in one part of North Ayrshire compared to a person born and raised in another part of North Ayrshire could have a difference in life expectancy of 14 years. And the quality of their lives could vary quite significantly too. Whilst those who are most impacted negatively by inequalities are more likely to live a life of poverty and have poor health, high levels of inequality affects each and every resident in North Ayrshire.

Traditionally, services have been designed to support those who experience the highest levels of deprivation. This approach does little to prevent the root causes of poverty and inequalities nor does it support those impacted by inequalities at different levels. Our Integrated Joint Board (IJB), as a key member of the Community Planning Partnership (CPP) has committed to implementing the Inequalities Strategy for North Ayrshire called *Fair for All*.

*Fair for All* proposes to tackle inequalities on three levels, using three different approaches. The three levels include:

- **1.** Undo the causes of inequalities, for example, tackling issues of discrimination, poverty, and the distribution of wealth, power and income.
- **2.** Prevent wider environmental influences, for example, supporting the development of a fairer food system, and working with partners to create a safer, happier place to work and live.
- **3.** Continue to reduce the individual experience of inequality, for example, ensure people are aware and are supported to take up opportunities for learning and employment.

We will use a combination of the following three approaches:

- **1.** Support for those who are worse off, for example, welfare reform advice.
- **2.** Provide universal services, for example, school nursing support.
- **3.** Providing universal services with enhanced support, for example, the midwifery team working with vulnerable families.

Whilst North Ayrshire Health and Social Care Partnership cannot effectively tackle and reduce inequalities on its own, we commit to working alongside our Community Planning Partners to tackle what is possibly the single biggest challenge we face in North Ayrshire.

#### Housing

North Ayrshire Council Housing Services and North Ayrshire Health and Social Care Partnership are working together to produce a Housing Contribution Statement. This will set out the role that social housing providers in North Ayrshire play to achieve outcomes for health and social care. The Housing Contribution Statement will also strengthen proposals previously outlined in North Ayrshire Council's previous contribution statement.

Housing and Health and Social Care will work closely to ensure North Ayrshire's most vulnerable people are safe and secure within their own homes. We will share evidence, identify people's needs and priorities, and plan for solutions.

#### We will work, develop and enhance:

- Extra care housing with linked community hub facilities for older people
- Dementia friendly housing
- Sheltered housing
- Housing for adults with mental health, learning and physical disabilities
- Residential accommodation and respite for children with additional support needs
- Equipment, adaptations and smart technology

We will continue to strive to improve the health and wellbeing of our communities to enable people to live as independently as possible within their community.

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Comments or questions about this document, including request for support information or documentation should be made to North Ayrshire Health and Social Care Partnership, Cunningham House, Friars Croft, Irvine KA12 8EE

