

Integration Joint Board 15 December 2022

| | 13 December 2022 |
|------------------|---|
| Subject : | Director's Report |
| Purpose : | This report is for awareness to advise members of North Ayrshire Integration Joint Board (IJB) of developments within North Ayrshire Health and Social Care Partnership (NAHSCP) |
| Recommendation : | IJB members are asked to note progress made to date. |

| Direction Required to | Direction to :- | |
|--------------------------|--|---|
| Council, Health Board or | No Direction Required | Χ |
| Both | 2. North Ayrshire Council | |
| | 3. NHS Ayrshire & Arran | |
| | 4. North Ayrshire Council and NHS Ayrshire & Arran | |

| Glossary of Terms | |
|-------------------|------------------------------------|
| NHS AA | NHS Ayrshire and Arran |
| IJB | Integration Joint Board |
| HSCP | Health and Social Care Partnership |

| 1. | EXECUTIVE SUMMARY |
|-----|---|
| 1.1 | This report informs members of the Integration Joint Board (IJB) of the work undertaken within North Ayrshire Health and Social Care Partnership (NAHSCP), nationally, locally and Ayrshire wide. |
| 2. | BACKGROUND |
| 2.1 | This report provides IJB with up to date information on recent activity across the HSCP since the last IJB. The report will also provide COVID related information by exception. |
| 3. | CURRENT POSITION |



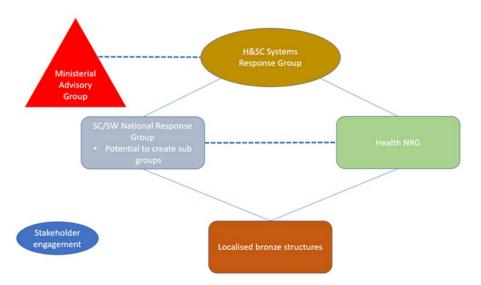
| | National Developments |
|-----|--|
| 3.1 | NHS 24 Strategy Development Survey |
| | NHS 24 is currently developing its Corporate Strategy, which will help to shape how it will provide health and care services to the people of Scotland for the next five years and beyond. |
| | The organisation understands the many challenges facing the health and care system As such, it is seeking to engage with a broad range of stakeholders to provide ar opportunity to contribute ideas, experience and insights. |
| | If you'd like to share your views, questionnaires for both professionals and the public are now available to fill in online. |
| | Both can be accessed online via the <u>NHS 24 strategy page</u> , where you can also find additional information about the background and aims of the strategy consultation. |
| 3.2 | Trauma is Everybody's Business - Online Event |
| | Scotland. Details of the event can be found in the flyer below. |
| | Trauma is everybody's business SAVE THE DATE |



3.3 <u>National Winter Response Structure</u>

The Scottish Government has established a National Winter Response Structure to ensure the SG and system partners can address the pressures facing the health and social care system over the winter period. A Health and Social Care Senior Leadership Group has been established to consider joint planning with senior representation from COSLA, SOLACE, Chief Officers, NHS and Scottish Government, the Cabinet Secretary has also convened a Ministerial Assurance Group.

A command structure of a Health and Social Care System Response Group (Gold), Social Care and Social Work National Response Group (Silver) and local Bronze structures has been established. There will be read across between Social Care and Social Work NRG to the NHS National Response Group with representation from both on the GOLD Group, this is illustrated below:



The purpose of the Senior Leadership Group is to "provide advice on the deployment of options that support the resilience of the Health and Social Care in the context of the response to winter pressures. The Group will seek to enact activity on a whole system basis and will address the issues that are impacting on health and social care services throughout Scotland as a result of winter. The Group's immediate focus will be to improve the position in relation to delayed discharge in the Health and Social Care system".

The Senior Leadership Group has identified a range of actions focusing on goal of getting delayed discharges down to around 1,500 in the very short term:

- Analysis of winter plans, to give intelligence on the pinch-points in local systems and help us unblock these.
- Understanding Care home capacity, with the aim of ensuring the most effective use of existing capacity.



- Building on existing work around Adults With Incapacity (AWIs), incorporating the good existing work and local improvements already planned.
- Focus on Self-Directed Support (SDS), with the aim of lowering unmet care needs. COSLA officers are working with the Scottish Government on this.
- Workforce issues, including international recruitment (a longer-term solution) and steps to reduce sickness and people leaving the sector.
- Bringing together the data to report progress. This needs to be iterative and focused on the essentials in the short term: a comprehensive data dashboard will take longer. There are currently good analysts to deploy on this, including in Public Health Scotland.
- The development of national and local improvement plans with national support for local areas where this is required.

In North Ayrshire we have representation on the Social Work & Social Care National Response Group and also have our own localised Bronze Group and structures including continuation of our oversight and assurance arrangements for care homes and care at home services.

Ayrshire Wide Developments

3.4 Caring for Ayrshire Launch

Following on from the postponement of the Caring for Ayrshire event in North Ayrshire, previously scheduled on *21 November 2022*, a new date has now been identified, as **16**th **January 2023 1000-1200**, **Fullarton ConneXions**, **Irvine KA12 8PE**

Further information will be issued in due course, but IJB members should note the revised date in diaries.

3.5 Learning Disability Nursing Celebration Event





The National Learning Disability Nurses Day had its inaugural launch on 1/9/22. The learning disability nurses across Ayrshire decided, rather than organise a rushed event they agreed to arrange a celebratory event several weeks later. The North Ayrshire event took place on 9th December.

North Ayrshire Developments

3.6 <u>Mental Health and Wellbeing Support Survey</u>



North Ayrshire Health and Social Care Partnership are conducting a 6 week consultation period focusing on mental health and wellbeing support within General Practice surgeries and the wider community. This will involve the uses of an online survey which opened on 5th December and will close on 13th January 2023. The information obtain from the survey will help inform future service redesign and improve mental health and wellbeing supports for our communities.

Improving mental health and well-being support in North Ayrshire is a priority for NAHSC and listening to the views of those who access services - or who may need to access services in the future - is crucial when considering how best to do that.

If anyone would like to share your experiences, the survey can be accessed online at https://forms.office.com/r/qpj6JjzQGb.

The survey should only take around five minutes to complete and will close on **Friday 13 January 2023**.

I would encourage IJB members to share the link with colleagues and service users where possible, and look out for our social media posts on the NAHSCP <u>Facebook</u> and <u>Twitter</u> pages and share where appropriate.

3.7 <u>Suicide Prevention</u>

Following the publication of Creating Hope Together, the new <u>Suicide Prevention Strategy and Action Plan for Scotland</u>, the Pan Ayrshire Suicide Prevention Group are currently seeking views to inform the next Action Plan.



Preventing suicide is not just the responsibility of mental health services, action is required at various stages from the promotion of wellbeing (primary prevention) through early intervention, intervention, postvention and recovery. With the ongoing challenges our residents and communities are currently facing we need to work together to prevent suicide and offer support to those experiencing difficult times.

An event was held on 14th December 2022, attended by a wide range of stakeholders, with the aim of :-

- Sharing our knowledge so far about Suicide Prevention (National and Local);
- Consider what local areas have been doing to prevent suicide;
- Identify the gaps and areas where more work can be done collaboratively;
- Start developing a whole systems approach to preventing suicide across the life stages.



3.8 SAMH Suicide Prevention Campaign

A new SAMH suicide prevention campaign, launched in December, Ask Them About Suicide, aims to empower all of us to ask the question 'are you thinking about suicide' if we are worried about someone. The campaign was developed with people who have been affected by suicide who told us this is the most important question you can ask.

Ask Them About Suicide is spearheaded by a <u>short film</u> which will appear across social media, a wide range of podcasts and on STV. All adverts will run for 3 weeks, and then again in January 2023.

The film directs the audience to a new campaign web hub where they will find resources and guidance, in particular, help in asking the guestion and what to do next.

For further details please use this <u>link</u> to download a campaign toolkit which includes details of how you can share the campaign with your networks.

If you have any queries please get in touch ask@samh.org.uk



3.9 Official Opening – Harper House



The First Minister opened Harper House, the new facility to support parents and their children and the service have welcomed their first residents.

Parents with problematic drug or alcohol use can now enter residential rehabilitation without the fear of being separated from their children.

Harper House in Saltcoats, North Ayrshire – which is run by the Phoenix Futures charity – was

awarded over £8 million in Scottish Government grant funding last year to establish a family rehabilitation service, accepting referrals from across Scotland. The facility can support up to 20 families at any one time for placements between three and six months long, meaning up to 80 families will be supported annually.

The service is designed to make it easier for parents to access treatment by allowing mothers or fathers to care for their family while in recovery with the help of the centre's staff who support child development, parenting skills and the overall health and wellbeing of all family members.

3.10 Care at Home Recruitment

Care at Home recruitment events have taken place on a weekly basis throughout December and will commence again early January. An STV advert campaign ran from 14 Nov until 30 Nov, alongside ongoing daily radio advertising on West FM and a 50k plus leaflet drop across Ayrshire advertising.

These events have continued to be very successful with attendance of over 100 people at recruitment events through Oct/Nov (68 interviewed on the days).

3.11 Breastfeeding Rates – North Ayrshire

Promoting and supporting mums to breastfeed has been a longstanding priority for staff working in North Ayrshire. The integrated community infant feeding team which includes midwives, health visitors, Family Nurses, support staff, Community Infant Feeding Nurse and Support Nurse, as well as colleagues from the Breastfeeding Network (BfN) work closely with families to help them make an informed choice about feeding. Staff have all received regular high quality training to ensure they are knowledgeable and skilled in relation to infant feeding.



In the last two years, North Ayrshire has seen improvements in all performance measures for breastfeeding: % of babies exclusively breastfed and overall breastfed at Health Visitor first visit, and % of babies exclusively breastfed and overall breastfed at 6-8 week visit. We have also seen a reduction in the breastfeeding drop off rates between birth and first visit and between first visit and 6-8 week visit (reduction in 1.1% since 2020/21). With the exception of % of babies exclusively breastfed at first visit, which has remained the same as last year's figure, all measures are the best rates we have seen over a five-year period. The performance rates are highlighted in the table below.

| | 2020/21 | 2021/22 | Narrative |
|---|---------|---------|---|
| % of babies exclusively breastfed at Health | 25.7% | 25.6% | Last year was the highest rate in 4 years |
| Visiting first visit | | | |
| % of babies breastfed overall at Health Visiting first visit (mixed feeding included) | 36.3% | 40.5% | Highest % in 5 years |
| % of babies exclusively breastfed at 6-8 weeks | 20.9% | 22% | Highest % in 5 years |
| % of babies breastfed overall at Health Visiting first visit (mixed feeding included) | 27.9% | 31.1% | Highest % in 5 years |
| % drop off between birth and first visit | 30.8% | 26% | Lowest % drop off in 5 years |
| % drop off between birth and 6-8 week visit | 44.8% | 43.7% | Lowest % drop off in 5 years |

3.12 Foxgrove Newsletter

The latest newsletter for Foxgrove, the new national adolescent secure unit can be accessed through the link below :-

https://www.nhsaaa.net/media/13014/mis20-142-cc-foxgrove-newsletter-november-2022.pdf

Work remains underway to complete the construction alongside the work to take forward the phased recruitment plan, the opening date for the service which will be during 2023 is not yet confirmed.

3.13 **COVID Update**

No new updates.



| 4. | IMPLICATIONS |
|-----|--|
| 4.1 | <u>Financial</u> |
| | None |
| 4.2 | <u>Human Resources</u> |
| | None |
| 4.3 | <u>Legal</u> |
| | None |
| 4.4 | Equality/Socio-Economic |
| | None |
| 4.5 | <u>Risk</u> |
| | None |
| 4.6 | Community Wealth Building |
| | None |
| 4.7 | Key Priorities |
| | None |
| 5. | CONSULTATION |
| | No specific consultation was required for this report. User and public involvement is key for the partnership and all significant proposals will be subject to an appropriate level of Consultation. |

Caroline Cameron, Director [Carolinecameron@north-ayrshire.gov.uk/01294 317723]

Appendices Nil