

Integration	Joint	Board
16t	h Jun	2022

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Subject:	Support for Unpaid Carers in North Ayrshire
Purpose:	To provide Integration Joint Board members with an update on developments to improve support to unpaid carers in North Ayrshire.
Recommendation:	 That the Integration Joint Board: Note the contents of this report and approve the approach described to provide improved support for unpaid carers in North Ayrshire, and Approve the amended Carer's eligibility criteria threshold to support individuals with low and moderate need levels, instead of just substantial and critical levels of need.

Glossary of Terms	
IJB	Integration Joint Board
NAHSCP	North Ayrshire Health and Social Care Partnership
PSMT	Partnership Senior Management Team
ACSP	Adult Carer Support Plan
NHS A&A	NHS Ayrshire & Arran
SDS	Self-Directed Support

1.	EXECUTIVE SUMMARY
1.1	This report provides the IJB with an update on developments to improve supports to unpaid carers. Central to this process is the strengthening of our strategic partnership with our commissioned carer and information support provider, Unity.
1.2	The work has a clear focus on improving access to supports through development of community-based supports and an ambition to reduce the bureaucratic burden on front line practitioners.
1.3	The overall aim is to ensure carers can more readily self-identify and receive as quickly as possible early and effective help assisting them to have a life alongside caring.
2.	BACKGROUND
2.1	Duties under the Carer's (Scotland) Act 2016 came into force in April 2018. The Act sets out the duty to offer and prepare an Adult Carer Support Plan (ACSP) and carers rights to request a plan, among other priorities. As part of the implementation of the Carer's Act funding was released with an incremental increase over a 5 year period from 2018-19, to recognise the demand for support would increase over time. North Ayrshire IJB were allocated £0.574m in 2022-23 which is the final year of the implementation funding, bringing the total allocation to just over £2m for Carer's Act duties. This budget is not ring-fenced and forms part of the baseline IJB budget. In previous financial years there have been underspends in the funding allocated due to lower than anticipated demand for ACSPs. There is a risk that Carer's are not

At the time of implementation, the HSCP took the decision for ACSP's to be completed by Social Workers only at that time as adult carer assessments were already part of the Social Work role and to fully embed the approach before introducing new routes to carer assessment and support. The North Ayrshire Chief Social Work Officer supported by the Carer's Team has led a review of the current pathway for adult carers to request or be offered an ACSP and provision of support. It is evident that the process in place from the outset was fit for purpose at the time, but there remain several barriers to access carer assessment, issues with the provision of support and a lack of an adequate resource release model.
Presently 1,475 carers are registered with Unity – North Ayrshire Carers Service. 204 are young carers (aged 5 – 18 years) and 1,271 are adult carers (aged 19+).
For North Ayrshire CareFirst (our Social Work Information System) show 161 live carer relationships are identified through the creation of relationships or identification of Main Carer category when assessing the cared-for person (adults). CareFirst data also shows that for 2022 thus far, 195 ACSP's were offered, 33 carers accepted, 159 declined and 3 did not respond. In terms of the 33 acceptances only 14 competed their ACSP – only 7% of those offered followed through with the completion of an ACSP.
There is learning to be gained from the success of the Winter Wellbeing/ Short Break Funds Unity received early 2022 from Scottish Government. Within 12 weeks the carer service received 360 applications and supported 545 carers and 456 cared for individuals with carer breaks and essential grants for low-income families at a cost of £97k. Furthermore 103 new carers were identified. Three Towns Carer Group members shared 'we would not normally have applied for support but due to the simple completion of an online application and not having to contact Social Work we were encouraged to apply and were successful in receiving a break from caring'.
NATIONAL CARER UPDATE
The North Ayrshire Carers Team represent the HSCP at the following forums as a route to seek/share best practice and bring back policy directives: -
 Carers Leads Meeting (Chaired by Scottish Government Carer Policy Team, attended by HSCP or NHS Carer Leads) Carers Implementation Steering Group (Chaired by Scottish Government Carer Policy Team, attended by multiple stakeholders such as COSLA, NES, HIS, Young Scot, Carers UK, MECOPP and HSCP Carer Reps)
In the implementation of local carer plans the HSCP takes direction and guidance for improving carer identification methods, information and support from several areas: -
 Carers (Scotland) Act 2016 and its National Implementation Plan 2021 – 2023. The plan sets out actions and outcomes in key priority areas to ensure we continue to embed the duties under the Act. Independent Review of Adult Social Care – Carer Recommendations, with the prominence of supporting carers clear in the consultation for the establishment of the National Care Service, including a shift towards early intervention Continued COVID-19 recovery plans from Scottish Government.

- Upcoming National Carer's Strategy The Minster for Mental Wellbeing and Social Care has committed to the publication of a stand-alone Carers Strategy in late Spring 2022, with an immediate focus on COVID-19 recovery and a longer-term purpose of improving carer support in a meaningful and sustainable way. The strategy will focus on carers and their needs, setting out how policies across the Scottish Government can work together with other public bodies to support carers as we recover from the pandemic and beyond.
- National engagement opportunities and their output such as the current Care Inspectorate Carers Inquiry 2022.

4. Anticipated Outcomes

Proposed Improvements for North Ayrshire Carers

- 4.1 A new approach is being developed and implemented for Carer's assessment and support in North Ayrshire where we will focus on putting the carer at the centre and employing what they have told us. Often carers do not want to approach the HSCP or statutory Social Work services, they have never needed to and would prefer an easier and alternative solution to accessing carer support.
- 4.2 The HSCP have strength of carer voices and guidance from our longstanding Carer's Advisory Group and Carer's Champion, recent success with Carer's IJB representation, Care Improvement Network opportunities and engagement prospects with Unity and local carers. As such carers will sense check and steer the direction of carer improvements at every stage.
- 4.3 A Carer's Support Development Group was established in November 2021 supported by the Senior Management Team, support services (Finance, Commissioning and Performance/ Systems) and led by the Carers Team and myself as Chief Social Work Officer. Unity have also joined the membership to strengthen collaborative and partnership working.
- 4.4 The recommendations proposed by the Carer's Support Development Group to implement a better route for assessment, support, and resource allocation for adult carers in North Ayrshire. were presented to the Partnership Senior Management Team in March 2022. The PSMT supported the proposals, subject to IJB approval.
- 4.5 The following transformational changes are planned with process and functionality to be confirmed over the coming months. A programme plan and timeline have been developed by the Carer's Team in line with the key pieces of work:
 - An updated ACSP as the model of carer assessment will be online for easier access and completion by carers. This has been developed with the support of Children's, Adult's, Older People's and Finance Services staff. It meets the legislative requirements of what must be in an ACSP and meets the requirements to enable collection of the current statutory reporting for the Carer Census. Moreover, it has been shared with our Carer Advisory Group members and all stakeholder feedback will be considered in the final model.
 - Widen the net and offer carers an option of routes for accessing carer assessment and support. The HSCP will recruit two posts to be based within Unity premises. One will support the promotion and completion of ACSP and administer our statutory duties of assessment and determining levels of need/ support provision. The second role will administer/ arrange the provision of support or breaks from caring and promote a Short Breaks Bureau model of approach.

- The duty to offer and complete ACSP's will remain with all Social Work Teams as part of a two-tier approach to carer assessment and support. Internal processes and access to resource are being developed and tested.
- Re-directing and offering an alternative route to complete a carer's assessment and support to Unity, our commissioned provider, will mitigate some of the barriers identified in the current pathway. It will promote lower levels of support available, promote different solutions to carer breaks and utilise Unity North Ayrshire Carer Service more effectively.
- Unity will receive funding on an agreed payment schedule to resource the model. Positive contract amendment conversations have commenced in this regard.
- A communication plan is being developed alongside reusable marketing campaign information with North Ayrshire carer branding taking into consideration multiple platforms (social media/ website). It will also be crucial to develop a carer information and support training programme to improve staff across all sectors knowledge, confidence and skills in their role of signposting and supporting carers.
- The current North Ayrshire Carer's Eligibility Criteria, attached as Appendix 1, will be amended to extend the eligibility threshold to include those individuals with low and moderate need. This will extend the parameters of support include early and effective support as per the new Strategic Commissioning Plan ambitions meaning lower levels of support will be provided for carers with a view to supporting carers at an early stage and preventing the breakdown of carer supports. The IJB require to formally approve this change to the eligibility criteria. There will be resource implications of widening the eligibility criteria and this will require to be kept under review to ensure demand for services can be accommodated from within the existing budget allocation.
- A resource release model has been developed with support from HSCP Finance colleagues. The ACSP questions record the impact of the caring role and hold a weighting. The score feeds through to the support plan and outcomes to be met. This links to the thresholds within the eligibility framework determining the level of budget resource. PSMT agreed to the draft resource allocation model and allotted rates with discretion to the Lead for Carers to extend resource in certain circumstances subject to the total budget spend. A review of the model will return to PSMT after 6 months of operation.
- PSMT have requested that this approach is embedded and promoted across services together with the aims of Self-directed Support. The principles being that all supported people including carers have flexibility and choice over how they manage and direct their support and budgets to meet their personal outcomes. SDS guidance also enables and encourages HSCP's to maximise flexibility of spend, to ensure staff and more importantly people can develop their support arrangements to meet their personal outcomes in a way that works for them.
- The PSMT agreed to establish a Self-Directed Support Learning Review Board.
 The Board will include wide representation from across the HSCP, third sector and
 independent sector partners and will commence late June 2022. The Board remit
 will be to review SDS and its application in North Ayrshire, with a view to bringing
 forward a range of recommendations to strengthen SDS understanding, promotion
 and practice.
- 4.6 Further development work is ongoing with NADARS, CAMHS and the other HSCP services. Carers linked to some service user and patient groups take longer to recognise or accept their caring role, therefore it is crucial we can support this hard to reach co-hort of unpaid carers. There is a new Project Delivery Officer in the process of recruitment for the carer's team to dedicate time on a rotational basis with specific services to embed carer awareness and improve the message of carer identification and seeking support.

5.	Measuring Impact			
5.1	Project plans and timescales have been agreed by PSMT. This work will be progressed through the Carer Support Development Group and Carer Advisory Group. Developments will be composite to the overarching changes to be progressed through the Self-directed Support Learning Review Board.			
5.2		ng will go through the appropriate governance groups. PSMT have ate reports on a 3 monthly basis and the IJB will be informed of		
5.3	Engagement and collaborative work with carers and staff will help gauge the impact of developments as well as where improvements still need to be made to provide better more consistent carer awareness and support. Increased carer registrations, increased breaks from caring requests and sustained carer engagement and/ or increased participation from carers will demonstrate positive and effective working relationships with carers and confirmation that developments are successful.			
6.	IMPLICATION	s		
Finan	cial:	Carer developments need to be actioned to ensure Carers' Act Implementation Funding is utilised to support Unpaid Carers in North Ayrshire.		
Human Resources:		There will be CPD for staff on new procedures, processes and practice to help deliver the key messages of carer identification, information and better support for all carers across all services. There is also the recruitment of a project role in the carer team to increase resource to allow the full extent of plans to be achieved		
Legal:		North Ayrshire IJB and the Local Authority must meet their duties under the Carers (Waiving of Charges for Support) 2014 Regulations, Carers (Scotland) Act 2016 and Terminal Illness Regulations (July 2021). This legislation should be held in the same regard as any other pertaining to professional assessment of need and support provision.		
Equality:		North Ayrshire HSCP will not discriminate against any carer because of their caring role/ responsibilities or because of the individual(s) they care for. Each carer should be offered information and support based on their own individual/ unique circumstances. In addition, the change to eligibility criteria proposed will support a more holistic I access approach to support.		
Children and Young People		The agreed improvements will impact adult carers in the first instance. We will take the learning from this to develop and implement better more consistent support for young carers (aged 5 – 18 years) which is equally a priority and requires resource and time to review the current pathway for young carer support. In the meantime, young carers should continue to be identified and offered the chance to complete a young carer statement through NAC schools and our Social Work Teams.		
	onmental & inability:	N/A		
Key Priorities:		Ensuring unpaid carers in North Ayrshire are identified and offered early and effective support to continue in their caring role; appropriately directing resources towards carer support services		

	and provision of support and strengthen strategic partnerships with our commissioned carer information and support provider, Unity and local carers.
Risk Implications:	There is a risk that future demand and approach for services is unknown and we may not achieve the impact in supporting Unpaid Carers or alternatively will face a significant increase in demand which will require to be managed from within available resources. The demand and progress will be closely monitored.
Community Benefits:	Community benefits will be considered in all activities under the developments for carers and contract with Unity.

Direction Required to	Direction to :-	
Council, Health Board or	No Direction Required	
Both	2. North Ayrshire Council	Х
	3. NHS Ayrshire & Arran	
	4. North Ayrshire Council and NHS Ayrshire & Arran	

7.	CONCLUSION
7.1	The IJB are asked to consider the proposed improvements to access supports for Unpaid Carer's in North Ayrshire, including the proposal to extend the eligibility criteria for support. The implementation plan will be closely monitored to ensure we are delivering the desired outcomes.

For more information please contact Scott Hunter, Chief Social Work Officer on 01294 324551] or [scotthunter@north-ayrshire.gov.uk]



North Ayrshire Carer's Eligibility Criteria

Implementation Date: 1st April 2018

Carers Act: Statement of Intent

The Carers (Scotland) Act 2016 (fully implemented 1st April 2018) is intended to better support Scotland's adult and young carers on a more consistent basis so that they can continue to care, if they so wish, in good health, allowing them to have a life alongside caring. (See appendix one for meaning of carer)

Specifically for young carers, they should have a childhood similar to their non-carer peers and should be enabled to be children first and foremost, relieved of any inappropriate caring roles, allowing them to have a quality of life.

Carers Act: Provisions

The Act introduces the right to a new Adult Carer Support Plan (ACSP) or Young Carer Statement (YCS) (See appendices two and three for examples) encouraging meaningful conversations with people to understand their personal needs and outcomes. It will improve the access to support at all levels without any requirement for carers to provide care on a substantial or regular basis. Unity (North Ayrshire Carers Centre) are well placed to help the delivery of lower levels of support including accessible information, advice and guidance across the localities.

Engaging effectively with carers as equal partners will help empower them, providing carers and professionals with more useful information about the support that may be available in our communities. This is also reflected in the duty applied to health boards to involve carers in hospital discharge processes, ensuring support is relevant, appropriately timed and delivered in a cohesive way.

Effective delivery of support to carers will improve the physical and emotional health and wellbeing of carers in turn benefitting those being cared for and can help to sustain good caring relationships.

The North Ayrshire Carers Strategy, for carers written by carers, will be reviewed and a new plan for how we identify and support carers in their localities will be set. This will include a short break service statement again, for carers developed by carers.

An Eligibility Criteria Framework is required to be set locally to help the North Ayrshire Health & Social Care Partnership (NAHSCP) to determine levels of support based on assessed/identified need and impact/risk of the caring role.

Eligibility Criteria Framework: Why and what it achieves

Eligibility criteria ensures we have a fair and consistent system for determining how the NAHSCP targets finite public resources. It is the local authority's duty to set and apply the criteria alongside the ACSP or YCS to exchange information about caring. It means that carers with different needs will be treated equally in accessing the right level of information, advice, support and services.

The Framework covers two aspects:

- I. Levels and types of need for support
- II. The thresholds that must be met to be eligible for support

Eligibility Criteria Framework: Process

The process can be broken down into four phases:

Phase One – A carer who wishes to access support can request an ACSP/YCS from the NAHSCP. It is also the duty of NAHSCP staff to offer an ACSP/YCS on identification of someone carrying out a caring role. This leads to a joint conversation to consider their caring situation and needs, their health and general wellbeing and how they can best achieve their own outcomes. The ACSP/YCS is completed to identify and record fully each carer's individual needs, outcomes and support. Not all carers assessed will have eligible needs. However, all carers have access to information, advice, guidance, and universal preventative services.

Phase Two – The support plan or statement will identify what matters to the carer as well as the impact of caring on their life. As the conversation continues the carer and professional will consider how to achieve the things that matter to the carer.

Phase Three – The eligibility criteria framework is applied here to identify the level of support from the impact or risk of them caring. If there are outcomes that meet the eligibility threshold, it is our duty to offer and explain the four options of Self-directed Support to consider how the carer may have their support delivered along with all options of available resources.

Phase Four – When the level of support has been agreed, and the carer fully informed of all options and resources, the carer will decide how they wish their support to be arranged from the four options of Self-directed Support. The carer will be involved in each stage of the process and in all decision making. A review date will be set and recorded at this point.

Adult Carer Support Plan: Purpose & Preparation

The ACSP will identify and record each adult carer's individual needs, personal outcomes and support to be considered to meet those needs. The plan helps to find out what impact caring responsibilities are having on an adult's life. Adult carers can request a plan to be carried out. The Local Authority must offer and prepare the ACSP on identification of an adult carer, if accepted. Consideration should be given to who is best placed to support the adult carer to prepare their plan. The carer can start to complete their ACSP on their own or with the help of a person or organisation of their choice. However, it is the duty of the Local Authority to accurately capture the carers identified needs and come to a view on the carer's eligibility for support.

In all cases, the local authority must inform the carer of their eligibility and why it has reached that decision. When a carer is identified as having eligible needs for support, the local authority must discuss what these eligible needs are and outline how these might be met via the four options of Self-directed Support. The responsible authority is North Ayrshire Council with the exception of (section 28) the duty for each Health Board to involve the carer before the cared-for person is discharged. This duty applies in situations where:

- The identified carer is an adult carer or a young carer
- An individual is identified who intends to provide care to a patient post discharge
- An individual is providing or intends to provide care but does not self-identify as a carer
- Professionals consider it likely that the patient will require care from a carer following discharge
- A formal discharge process takes place

Young Carer Statement: Purpose & Preparation

The YCS will identify and record each young carer's individual needs, personal outcomes and support to be considered to meet those needs. The statement helps to ensure young carers do not take on inappropriate caring tasks or caring that is inconsistent with their age and maturity. The statement further ensures there is effective planning in place to support young carers in transition to adulthood.

The responsible authority is NHS Ayrshire & Arran for pre-school age, and the NAHSCP via the Named Person Service for school age up to the age of 18 years, or having reached 18 and still in school. Young carers can request a statement to be carried out and we must offer the YCS on identification of a young carer. The YCS should link to the Child's Plan if there is one in place. Consideration has been given to who is best placed to support the young carer to prepare their statement. The NAHSCP and Education & Early Years have agreed it will be Head Teacher/Pastoral staff until the young carer meets the eligibility thresholds of substantial or critical for one or more of their outcomes. The YCS will then be

referred to the Named Person Service for tracking and passed to the appropriate Children & Families Social Work Team for action. The outcomes cover the SHANARRI indicators of wellbeing: Safe/Health/Achieving/Nurtured/Active/Respected/Responsible/Included.

Eligibility Risk Indicators

Eligibility for services is decided in terms of risk to an individual. There are five categories:

No Impact	Indicates no quality of life issues as a result of their caring role. There is no risk to the carer's health & wellbeing and			
	they are able to experience a good life balance. There is no current need for information, guidance or support.			
Low Impact	Indicates there may be some quality of life issues but they are low in risk to the carer's health and wellbeing and			
	opportunities for independence. Some need for universal and/or preventative information, guidance or support.			
Moderate Impact	Indicates there is some quality of life issues and they are causing enough risk to impact on the carer's health, wellbeing			
	and potential for independent living. Some provision of health & social care services may be appropriate.			
Substantial Impact	Indicates there is major risk to a carer's health, wellbeing and capacity for independent living. Urgent provision of			
	health & social care services is likely.			
Critical Impact	Indicates there is a significant risk to a carer's health, wellbeing and capacity for independent living. Immediate			
	provision of health and social care services is likely.			

<u>Eligibility Thresholds</u>: This shows where eligibility sits in relation to carer support in practice and how NAHSCP can support carers. This includes examples of services, which are not intended to be exhaustive or prescriptive (individual and local circumstances will determine services).

Critical or
Substantial Impact
Local Authority duty
to support eligible carers
Integrated Authority provides for
eligible need / carer chooses SDS option

Moderate Impact

Local Authority power to support carers.

Integrated Authority commissions community supports and carer services which are provided on a preventative basis.

Services are developed according to local need. This may include services such as breaks from caring, peer support, advocacy and counselling

Eligibility threshold

Low Impact

Local Authority power to support carets.

Integrated Authority supports information and advice services for carers and other universal, community supports.

This may include access to a local carers centre, peer support, training and signposting to social and leisure opportunities

<u>Eligibility Criteria Framework:</u> This shows how criteria for reaching thresholds could be used to assess levels of need against the Carer outcomes

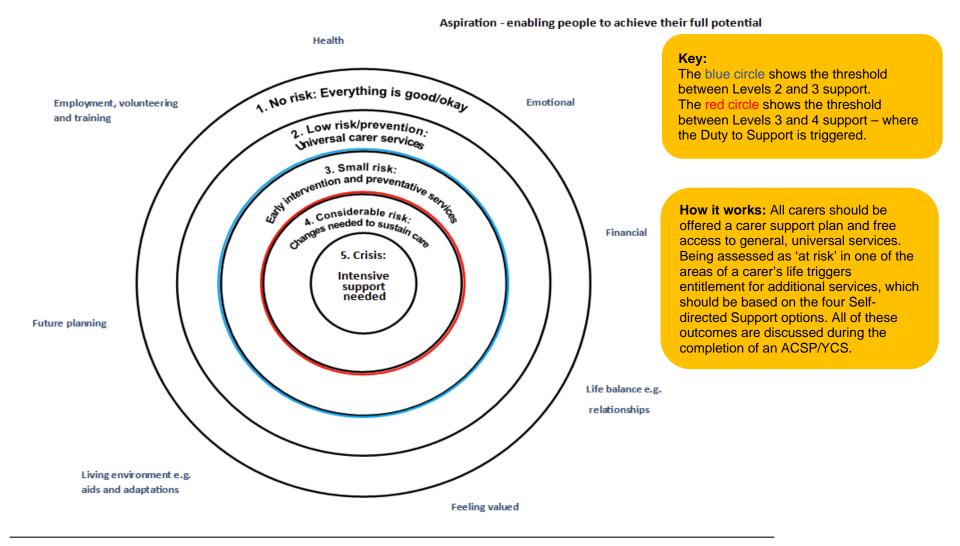


Table of Indicators – Adult Carer Support Plan

	Universal support moving to commissioned services & support (local authority 'power to support')			More targeted commissioned services & support (local authority 'duty to support')	
	Caring has no impact/no risk	Caring has low Impact/risk prevention	Caring has clear impact/small, moderate risk. Response needed	Caring has considerable impact/high risk	Evidence of critical impact/crisis
Health	Carer in good health	Carer's health beginning to be affected	Carer's health at risk without intervention	Carer's health requires attention	Carer's health is breaking/broken down
Emotional	Carer has good emotional wellbeing	Caring role beginning to have an impact on emotional wellbeing	Some impact on carer's emotional wellbeing is evident	Significant impact on carer's emotional wellbeing	Carer's emotional wellbeing is breaking/broken down
	Good relationship with cared-for-person	Risk of detrimental impact on relationship with cared-for person	Some detrimental impact on relationship with cared-for person	Relationship with cared- for person is significantly affected	Relationship with cared-for person is breaking/broken down
Finance	Caring is not causing financial hardship - carer can afford housing cost/utilities/food/clothing	Caring is causing a risk of financial hardship - some difficulty meeting housing cost/utilities/ food/ clothing	Caring is causing some detrimental impact on finances - difficulty meeting housing cost/utilities/food/ clothing	Caring is having a significant impact on finances e.g. difficulty meeting housing cost/utilities/food/clothing	Caring is causing severe financial hardship e.g. carer cannot afford housing cost/utilities/ food/ clothing
Life balance	Carer has regular opportunities to achieve the life balance they want They have a broad choice	Carer has some opportunities to achieve the life balance they want	Carer has limited opportunities to achieve the life balance they want due to caring	Carer has few, irregular opportunities to achieve the life balance they want due to caring	Carer has no opportunity to achieve the life balance they want due to caring
	of breaks/activities promoting physical, mental and emotional wellbeing	They have access to a choice of breaks/ activities promoting physical, mental and emotional wellbeing	They have access to few breaks/activities promoting physical, mental and emotional wellbeing	They have little access to breaks/activities promoting physical, mental and emotional wellbeing	They have no access to breaks/activities promoting physical, mental and emotional wellbeing

Feeling	Carer feels their	Carer feels their	Carer increasingly feels	Carer often feels their	Carer feels their
valued	knowledge and expertise	knowledge and expertise	their knowledge and	knowledge and	knowledge and
	is always valued by health,	is sometimes valued and	expertise is not valued	expertise is not valued	expertise is never
	social care and other	consequently they	by health, social care	by health, social care	valued by health, social
	professionals.	generally feel included	and other professionals.	and other professionals.	care and other
	Consequently they feel	and empowered	Consequently they	Consequently they	professionals.
	included and empowered		sometimes feel	often feel excluded and	Consequently they
			excluded and	disempowered	always feel excluded
			disempowered		and disempowered
Future	Carer is confident about	Carer is largely confident	Carer is not confident	Carer is anxious about	Carer is very anxious
planning	the future and has no	about the future but has	about the future and	the future and has	about the future and
	concerns	minor concerns	has some concerns	significant concerns	has severe concerns
Employment	Carer has no difficulty	Carer has some difficulty	Carer has difficulty	Carer has significant	Carer has significant
	managing caring and	managing caring and	managing caring and	difficulty managing	difficulty managing
	employment/education	employment/education.	employment/education.	caring and	caring and employment
		There is a risk to	There is a risk to	employment/education.	/education. There is an
	Carer does not want to be	sustaining this in the	sustaining this in the	There is a risk to	imminent risk of giving
	in paid work or education	long term.	short term	sustaining this in the	up work or education.
				short term.	
		Carer is not in paid work	Carer is not in paid work		Carer is not in paid
		or education - long term	or education but would	Carer is not in paid work	work or education but
			like to be - medium	or education but would	would like to be now
			term	like to be soon	
Living	Carer's living environment	Carer's living	Carer's living	Carer's living	Carer's living
environment	is suitable, posing no risk	environment is mostly	environment is	environment is	environment is
	to the physical health and	suitable but could pose a	unsuitable but poses no	unsuitable and poses an	unsuitable. There are
	safety of the carer and	risk to the health and	immediate risk	immediate risk to the	immediate and critical
	cared-for person	safety of the carer and		health and safety of the	risks to the health and
		cared-for person in the		carer and cared-for	safety of the carer and
		longer term		person	cared for person

Table of Indicators – Young Carers Statement (Based on NCO Thresholds and SHANARRI Indicators)

	Universal support moving to commissioned services and support (local authority, power to support)			More targeted, commissioned services & support services & support (Local Authority 'Duty to support')	
	No Impact	Low Impact	Moderate impact	Substantial Impact	Critical Impact
Safe/Living	Young Carer free from	Young carers situation at	Young carers situation at	Young carers situation at	Young carers situation at
Environment	abuse, neglect or harm at	home, at school and in their	home, school or in their	home, school or in their	home, school or in their
	home, at school and in	community is currently	community is not ideal and	community is not ideal and	community is unsuitable and
	their community.	stable and manageable.	potential risk to young	there are safety risks which	there are safety risks for the
			carer and cared for person	cannot be remedied in the	young carer and the cared for
			is evident.	short term.	person.
Health	Young carer is in good	Young carer is able to	Young carer is able to	Young carer is having	Young carer has significant
	physical and mental	manage some aspects of	manage some aspects of	difficulty in managing	physical/mental difficulties
	health with no identified	their caring/family/social	their caring/family/social	aspects of the caring/family/	due to the impact of their
	medical needs.	roles and responsibilities.	roles and responsibilities. It	social roles and	role as a carer which may
		There is a possibility of the	is evident the young carers	responsibilities. Young	cause life threatening or long
		young carer's health being	health is being affected.	carer's mental and physical	term harm.
		affected.		health is affected as a result.	
Achieving/	Young carer continues to	Young carer has some	Young carer has difficulty	The young carer is missing	The young carer is at
education	access education/training	difficulty managing caring	managing caring alongside	out on education/training	significant risk or has had to
	and as no difficulty in	alongside education/training	education/training. There	and there is a risk of this	give up education/training
	managing caring role	There is a small risk to	is a risk to sustaining	ending in the near future	due to their caring role.
	alongside.	sustaining education/training	education/training in the	due to their caring role.	
		in the long term.	medium term.		
Nurtured/	Young carer displays	Young carer role beginning	Some impact on the young	Major impact on a daily basis	Relationship between the
relationships	positive emotional	to have an impact on	carers emotional wellbeing	to the young carer's	young carer and the cared-for
	wellbeing. They have a	emotional wellbeing and	and on their relationship	emotional wellbeing and	person is broken. The young
	nurturing place to live	may require additional help	with the cared for person	therefore impacts on the	carer is unable to continue
	and a positive	when needed.	resulting in a strained	cared-for person.	caring or has difficulty
	relationship with the		relationship.		sustaining vital or most
	cared for person.	Risk of detrimental impact	Additional help needed	Young carer is unable to	aspects of their caring role.
		on relationship with cared	where possible, in a	sustain many aspects of their	
		for person.	suitable care setting.	caring role.	

		I	I	T	1
	Young carer feels				Input is needed immediately
	acknowledged by				for the young carer. The
	professionals and does				young carer never feels
	not require additional				acknowledged and therefore
	help.				feels excluded.
Active/life	Young carer has	Young carer has some	Young carer has limited	Young carer has few and	Young carer has no
balance	opportunities to take part	opportunity to take part in	opportunity to take part in	irregular opportunities to	opportunity to take part in
	in activities such as play,	activities such as play,	activities such as play,	take part in activities such as	activities such as play,
	recreation and sport at	recreation and sport at	recreation and sport at	play, recreation and sport at	recreation and sport at home
	home, in school and in	home, in school and in their	home, in school and in	home, in school and in their	in school and in their
	their community.	community.	their community.	community. May have a	community. This has a
				negative effect on healthy	negative effect on their
				growth/development.	healthy growth/development
Respect/	Young carer has regular	Young carer has some	Young carer has limited	Young carer has few and	Young carer has no
Responsible	opportunities to be heard	opportunities to be heard	opportunity to be heard	irregular opportunities to be	opportunities to be heard and
	and involved in decisions.	and involved in decisions and	and involved in decisions	heard and involved in	involved in decisions that
	They have an active and	has an active and	that affect them due to	decisions that affect them	affect them due to their
	responsible role to be	responsible role to be	their caring role.	due to their caring role.	caring role.
	involved in decisions that	involved in decisions that			
	affect them.	affect them.			
Included/	Young carer feels	Young carer feels some	Young carer has limited	Young carer feels isolated	Young carer does not feel
Finance	accepted in the	acceptance in the	acceptance in the	and not confident in the	accepted in the community
	community where they	community where they live	community where they live	community where they live	where they live and learn.
	live and learn. Young	and learn but is unsure how	and learn, due to their	and learn.	
	carer has time to take	to take part in community	caring role.		Young carer's financial
	part in community	activities.		Need for financial support.	position is severe and there is
	activities.		There is a risk of financial		financial hardship.
		There is a small risk of	pressure.		
	Free from financial stress.	financial stress.			

Eligibility Criteria Review

This policy and associated procedures will be reviewed within three years subject to any further changes in legislation.

<u>Documents and Policies Related to Eligibility Criteria</u>

Carers (Scotland) Act 2016 Getting it right for every child - GIRFEC Fair Access to Community Care Services Self-Directed Support Policy Local Carers Strategy

Appendix One

Meaning of Carer

- 1) In this Act 'carer' means an individual who provides or intends to provide care for another individual (the 'cared-for person)
- 2) But 1) does not apply
 - a) In the case of a cared-for person under 18 years old, to the extent that the care is or would be provided because of the person's age, or
 - b) In any case to the extent that care is or would be provided, under or by virtue of a contract or as voluntary work.
- 3) The Scottish Ministers may by regulations
 - a) Provide that 'contract' in 2) b) does or, as the case may be, does not include agreements of a kind specified in the regulations,
 - b) Permit a relevant authority to disregard 2) where the authority considers the relationship between the carer and cared-for person is such that it would be appropriate to do so.
- 4) In this part relevant authority means a responsible local authority or responsible authority (See section 41 (1) of the Act).

Meaning of Young Carer

- 1) In this Act 'young carer' means a carer who
 - a) Is under 18 years old, or
 - b) Has attained the age of 18 years while a pupil at a school, and has since attaining that age remained a pupil at that or another school.

Meaning of Adult Carer

1) In this Act 'adult carer' means a carer who is at least 18 years old but is not a young carer.