

Minutes of North Ayrshire Strategic Planning Group Meeting Held on Tuesday 3rd August 2021, 10:00am Virtually on Microsoft Teams Platform

Present:

Councillor Robert Foster (Chair)
Bob Martin (Vice Chair)
Scott Bryan, Strategic Planning, Policy, and Inequalities Officer, NAHSCP
Michael McLennan, Partnership Engagement Officer, NAHSCP
Janet McKay, Garnock Valley Locality Lead
Elaine McClure, Portfolio Programme Manager, NHS A&A
Trudi Fitzsimmons (Housing Representative), NAC
Elaine Young, Public Health Representative
Jacqueline Greenlees, Planning Officer, Policy and Performance
Vicki Yuill, Arran CVS & Arran Locality Lead
Clive Shephard, Confederation of North Ayrshire Community Associations
Allison McAllister, Library & Information Manager, NAC
Alison Chalmers, TSI Health and Social Care Engagement and Development Officer
Louise McDaid, Staff Representative
Sharon Bleakley, NHS Healthcare Improvement Scotland
Louise Wilson, GP Representative
Louise Gibson, Deputy AHP Senior Manager/Dietetic Service Manager NAHSCP
Paul Doak, Head of Finance and Transformation NAHSCP
Thelma Bowers, Head of Service Mental Health NAHSCP
Roseanne Burns, Senior Manager Children, Families & Justice Services NAHSCP
Betty Saunders, Contract and Commissioning Manager NAHSCP
Kirsty Calderwood, Child Protection Committee Lead Officer NAHSCP
Kate Smith, Governance Officer NAHSCP

Apologies Received:

Alison Sutherland, Head of Service, Children and Families & Justice Services, NAHSCP
Darren Fullarton, Assistant Nurse Director NAHSCP
David Donaghey, NHS Staff Representative
Elizabeth Stewart, Interim Chief Social Work Officer NAHSCP
Councillor John Sweeney, Three Towns Locality Lead
Lorna McGoran, Primary Care Development Manager
Michelle Sutherland, Strategic Planning & Transformational Change Lead, NAHSCP
Ruth Betley, Senior Manager Island Services NAHSCP
David Thomson, Interim Head of Service H&CC/Associate Nurse Director/Lead Nurse
Caroline Cameron, Director, NAHSCP
Fiona Comrie, KA Leisure
Kevin Milton, Mental Health Representative
Lynne McNiven, Public Health
Councillor Anthea Dickson

Item No	Item	Action
1.	Welcome and Introductions	
	Councillor Foster, as returning Chair, opened the meeting and thanked Bob Martin for chairing the group for the past two years. Bob will now take on the role of vice-chair to the group. Councillor Foster also welcomed new attendants to today's meeting – Paul Doak, Head of Service for Finance and Transformation; Michael McLennan, Partnership Engagement Officer; Trudi Fitzsimmons, attending on behalf of Jacqueline Cameron; Alison Chalmers, attending on behalf of Vicki Yule and Kate Smith, minuting the meeting on behalf of Louise Harvie. Apologies for the meeting were also noted.	



2.	Minutes of Meeting held on 25th May 2021	
	The minutes from the previous meeting were circulated and agreed to be an accurate reflection.	
Focus on: Young People		
3.	Kirsty Calderwood was in attendance at today's meeting to provide two presentations. Both were shared with the Group on screen.	
3a.	NACPC Child Sexual Abuse Strategy Presentation	
	<p>Kirsty spoke about the background to the Strategy which was launched in April 2021. It is a three-year strategy and it was in the pipeline for development for some time. The plan has now been implemented.</p> <p>The presentation gave an overview of the strategy and its current status. This included:</p> <ul style="list-style-type: none"> • The strategy's vision and who it is for; • The aims of the strategy which is overseen by the Child Protection Committee – prevent, protect, support and recover. • Multi-agency plan working with colleagues in schools, communities, external providers to increase awareness. • The procurement of a service for under-13s in North Ayrshire. • How it will happen – ongoing media campaigns, publicity materials, community champions and hubs, raising awareness in schools, learning opportunities. • Access to awareness modules to ensure all know how to access support. <p>Kirsty reiterated that child protection procedures remained the same. The Strategy clarifies how young people and children can be helped and supported in a different way.</p> <p>The Strategy is an ongoing work in progress and any queries can be emailed to Kirsty at cpc@north-ayrshire.gov.uk</p>	
3b.	Discussion	
	<p>Councillor Foster thanked Kirsty and acknowledged the huge piece of work to bring the strategy together. Discussion followed with the following noted:</p> <ul style="list-style-type: none"> • Elaine Young will ask the person in charge of the NHS Better Health Hubs to get in touch with Kirsty to discuss how to link in with NHS staff. • Thelma Bowers highlighted the need to be mindful of the impact the strategy will have on statutory services and how we learn and strengthen existing services to ensure a joined-up approach. • Scott Bryan suggested it would be beneficial to engage with Locality Planning Forums as this could be a key mechanism to get the message out within communities and share the strategy. • Vicki Yule advised that Alison Linton had previously attended a Children's Services Providers Forum and shared a link with them to the strategy. This was shared within Vicki's own teams and also with other Third Party Providers – Kirsty will send the link to Scott to distribute to the group in order to promote the strategy. 	<p>EY/KC</p> <p>SB/KC</p> <p>KC/SB</p>
3c.	Young People Suicide Prevention Taskforce	
	The second presentation was then given. Kirsty spoke about the background to the Taskforce and its current status, along with future development plans. The presentation highlighted the support the Taskforce can give through provision of Resources, supporting staff with feelings of isolation, having a co-ordinated response and providing guidance and clarity after young death by suicide.	



	<p>The Taskforce does not replace normal routine procedural processes but can provide a short term input where needed.</p> <p>The Young People's Strategic Suicide Prevention Group has been in place for three years and was formed in response to the number of young people who had died in North Ayrshire over an 18-month period, with the priority of preventing further deaths. This group now meets every three months. The operational group changed its name to the Young People's Suicide Taskforce and they meet monthly, chaired by Kirsty. The key was to have a multi-agency group prioritising the prevention of further deaths occurring. The Taskforce works directly with young people with schools at the centre. There is a Head Teacher on the group which is integral to the process.</p> <p>Significant developments to date include:</p>	
	<p><u>Crisis Response</u></p> <p>Development of crisis response process with a crisis response activated when a young person under 18 dies from suicide. This is constantly reviewed as each death is different and provides a key contact for police in the aftermath of a death and allows for wellbeing checks for all affected, at regular intervals.</p>	
	<p><u>13 Ways Campaign</u></p> <p>Developed, reviewed and shared by young people, providing 13 ways to help friends and support them. Been launched and used on regular occasions and embedded within schools. Preparation work also taking place to participate in Suicide Prevention Week.</p>	
	<p>Future developments include data collection, bereavement support and post suicide support, building on 13 ways campaign, pathways and co-ordination for young people attempting suicide, continue to raise awareness of Taskforce. There are three standing items at meeting which are information sharing/good practice/general; crisis response review and adult deaths with significant impact.</p> <p>Anyone who requires any further information can email Kirsty at cpc@north-ayrshire.gov.uk</p>	
3d.	Discussion	
	<p>Councillor Foster again thanked Kirsty for her presentation. A full discussion then took place on suicide prevention.</p> <p>Sustaining momentum with the 13 ways campaign was crucial and having this support when a young person dies from suicide is of great benefit. The Strategic Group had provided a really firm foundation which was key in terms of responders and support when tragic incidents happen.</p> <p>The work of the group was commended and there was an enormous amount of learning for North Ayrshire to take into the pan-Ayrshire group.</p> <p>The National Gallery for Scotland is again working with young people in North Ayrshire to put on an exhibition showcasing young people's artwork, focussing on celebrating life. This is through youth recovery funds.</p> <p>There are good follow up systems in place following emergency department presentations. The Child and Adolescent Specialist Substance Team (CASST) is working and supporting children from aged five to 21.</p>	



	<p>Drug overdose is the main reason for young people presenting at emergency departments. There has been a 25% increase in referrals to CASST in recent weeks and there is scope to link in with young people and have a forum for staff to work together to share experience and provide support.</p> <p>It is also important for colleagues in Primary Care to be aware of pathways for young people presenting at emergency departments to make GPs aware of plans in place. Thelma Bowers agreed to take this forward and look at ways to strengthen links.</p> <p>Anything locality groups can do to promote and keep the momentum going is also important. The emphasis has to be on prevention and engaging with parents to give them the necessary tools to help and support them. The Young Person Taskforce pathway focuses on this by early engagement with young people and families to prevent multiple presentations at emergency departments.</p> <p>There is a potential for funding around community investment to be used in localities and the best way to do this is something that can be looked at. There may also be further funding announcements in relation to suicide prevention work from the National Mental Health funding currently available and North Ayrshire will be well placed to target additional resources.</p> <p>Engagement with those with lived experience, through Recovery Development Worker and a Modern Apprentice, working with young people who have drug and alcohol abuse issues, is also ongoing. Engagement so far with the Recovery Worker has been 100%, highlighting the benefits of this approach.</p>	TB/LW
Focus on: Locality Planning Forums		
5.	<u>LPF Development Update</u>	
	<p>Since January 2021, LPFs have been undertaking a series of development sessions with the aim of strengthening their role through:</p> <ul style="list-style-type: none"> • providing greater clarity of the function of the forums • supporting LPF members to better understand their role • undertaking a review of LPF priority area areas <p>The most recent sessions took place during May and June 2021 and were focussed on reviewing and identifying locality priority areas.</p>	
	<p>To support this, data presentations were provided to highlight key information in relation to health and social care. This helped discussion among members to identify priority areas, many of which were shared across localities. A further follow-up questionnaire allowed for values to be placed against those identified priority areas</p>	
	<p>Three clear top level priority area areas emerged across all LPFs:</p> <ul style="list-style-type: none"> • Improving Mental Health and Wellbeing • Reducing Social isolation and loneliness (all ages) • Tackling Drug Related Deaths/alcohol and drug use <p>However, a number of other priority areas were also identified, but not initially prioritised by all LPFs. For example, Recovering from COVID or enabling financial inclusion, were mentioned by some LPFS, but not all.</p>	
	An interim report has been developed by the Partnership's Organisational Development Officer outlining the identified priority areas and has been	

	<p>distributed to all LPF Chairs, GPs and Lead Officers in the first instance, with follow up meetings being arranged to confirm these.</p> <p>This will give the opportunity to consider if an identified priority area in another locality is also applicable to them and what local solutions might mean.</p> <p>The updated report will be presented to PSMT and SPG with a recommendation to develop meaningful locality action plans to address all priority area areas.</p> <p>The three priorities identified are not stand alone and close alignment and integrated working with colleagues in community planning is important as there are limits to what can be achieved by the Partnership on its own.</p>	
5a.	LPF Input	
	<p><u>North Coast</u> The North Coast update covered much of what was discussed in the LPF Development Update. Following the two presentations at today's meeting Louise McDaid felt it would be useful to get a breakdown in analysis of drug deaths and young people suicides for each locality. This could help focus what locality priorities should be. Scott advised we do not currently have the information broken down this way but he will request this.</p> <p>Louise also advised of a forthcoming online Gambling Anonymous event being held in September. She is attending along with Scott Bryan and would be happy to provide feedback at a future SPG meeting. This will be added to the agenda for the next meeting in September, if the event has taken place before the meeting takes place.</p>	<p>SB</p> <p>Future agenda</p>
	<p><u>Irvine</u> Louise Gibson reiterated that the two most recent development meetings had been helpful in determining themes and priorities. In Irvine, SIMD Data highlighted that depression rates in Irvine were higher than in other localities in North Ayrshire. Meetings to link in with LPF and locality planning will continue as agreed working together going forward is key. Michael McLennan, the new Partnership Engagement Officer will attend the next meeting, providing an opportunity for LPF members to meet him.</p>	
	<p><u>Arran</u> The report from a meeting held on 17th June was circulated with Papers. Vicki Yule provided highlights from the report:</p> <ul style="list-style-type: none"> • Short life working group to be formed from previous participants to develop questions to be put out to the community on priorities. • Arran and Cumbrae issues will be highlighted in the next national report. • Scottish Government consulting on "Island Bond" looking at island depopulation – locality groups will be involved in discussions • Work continuing in developing "Dementia Friendly Arran" with a number of sponsors supporting the work to look at making the island a dementia friendly community. • Young people summer activities are being held with wellbeing camps taking place • There had been one recent suicide on Arran and a spike in numbers about seven years ago confirmed that the link to poverty was not always the case. 	
	<p><u>Garnock Valley</u> The LPF also been involved in determining key priorities. Janet McKay agreed that joint working is important. Also agreed on the importance of</p>	



	strong data in developing priorities, for example 47% single households in Garnock Valley shows the importance in tackling social isolation, or the number of drug admissions to hospitals highlights need to tackle drug abuse. This is important for the direction of travel in the Garnock Valley. Janet sent thanks to Alana Black, Evaluation Officer for providing and presenting the data.	
	<u>Kilwinning</u> Currently no Chair for LPF however will continue to take forward development work and highlighting priorities.	
	Scott reiterated the value of the data pulled together by Alana Black, Evaluation Officer to all the LPFs and thanked her for her work in providing this.	
Focus on: Strategic Plan 2022-2030		
6.	Strategic Plan Development	
	A copy of a Paper which had gone to the Partnership's Senior Management Team was circulated with the Papers for today's meeting.	
	<p>The Strategic Bridging Plan provides a good foundation going forward and sets out the work required to inform the longer-term plan, including:</p> <ul style="list-style-type: none"> • Reviewing the Partnerships' vision and values, • Reviewing the identified long-term ambitions with a view to updating the existing strategic priorities, • Updating the Partnership's needs assessment to offer demand forecasts and likely impact of Covid-19 • Updating essential policies including: • Collaborating with staff, service users, commissioned services, families and unpaid carers to coproduce engagement methods and approaches which ensure involvement of key groups, to meet our equalities outcomes. • Reviewing the Partnership's strategic performance framework <p>A whole system approach will be taken with staff, stakeholders and partners to develop longer term ambitions to 2030.</p>	
	<p>Existing development groups and mechanisms will be remobilised to progress the new plan development e.g. Strategic Oversight Group and Engagement Oversight Group. Engagement sessions and development sessions will be held to develop priorities. Planning sessions are proposed with each HSCP service area to identify and confirm ambitions over the next three to five years.</p> <p>LPFs are in the later stages of reviewing local priorities and a report paper, when finalised, will be submitted to LPF Chairs for validation prior to going to the SPG and Partnership Senior Management Team.</p> <p>The intention is that, once established, members of the Care Improvement Network will be invited to take part in the review of the Partnership's vision, values and strategic priorities.</p> <p>It is proposed to use graphics, storyboards, short films and animations to develop a more visual and interactive Strategic Plan document, and look to engage with local people to develop this approach. An example of a short comic published by the Scottish Government to help explain how SIMD works was included in the report which went to PSMT, as an example of how this could look.</p>	



Focus on: Future Meetings		
7.	<u>Future Agenda Items</u> Feedback on future agenda items to be provided direct to Michelle Sutherland, Scott Bryan or Louise Harvie. <ul style="list-style-type: none"> • Performance Update • Feedback from Gambling Anonymous Event 	
	<u>2021</u> <i>Tues 28th September (10am – 12)</i> <i>Tues 23rd November (10am – 12)</i>	