



Paper 2

Minutes of North Ayrshire Strategic Planning Group Meeting

Held on Wednesday 21st August 2019, 10:00am

Fullarton Community Hub, Irvine, KA12 8DF

Present:

Bob Martin (Chair)
Councillor Anthea Dickson (Vice Chair)
Brenda Knox, Health Improvement Lead, NHS A&A
Norma Bell, Manager, Planning & Performance, Mental Health, NAHSCP
Caroline Whyte, Chief Finance and Transformation Officer, NAHSCP
Michelle Sutherland, Strategic Planning & Transformational Change Lead, NAHSCP
David Thomson, Associate Nurse Director/Lead Nurse, NAHSCP
Fiona Comrie, KA Leisure
Vicki Yuill, Arran CVS & Arran Locality Lead
Elaine Young, Public Health Representative
Sam Falconer, Community Pharmacist NHS A&A, Kilwinning Locality Planning Lead
David MacRitchie, Chief Social Work Officer & Senior Manager, Justice Services, NAHSCP
Barbara Conner, Interim Irvine Locality Planning Lead
Dr Janet McKay, Garnock Valley Locality Planning Lead
Sharon Bleakley, Scottish Health Council
Dr Paul Kerr, Clinical Director, NAHSCP
Betty Saunders, Procurement Manager, NAHSCP
Louise McDaid, Staff Representative
Val Allen, Independent Sector Lead
Theresa Potter, Engagement Officer, NAHSCP
Louise Gibson, Dietetic lead, Integrated Services, NHS A&A
Scott Bryan, Strategic Planning, Policy and Inequalities Officer, NAHSCP
Louise Harvie, Governance Assistant (Minutes) NAHSCP

In Attendance:

Tommy Stevenson, Senior Manager, Children Adolescent Mental Health Service, NAHSCP
Fiona Smith, Senior Health Improvement Programme Officer, Public Health
Corry Shephard, Largs Academy Pupil
Grace Fury, Largs Academy Guidance Teacher

Apologies Received:

Elaine McClure, Portfolio Programme Manager, NHS A&A
Simon Morrow (Dentist)
Jacqueline Cameron, Senior Manager, Housing Strategy
Dr John Taylor, Associate Medical Director, NHS A&A
Dalene Sinclair, Senior Manager, Universal Early Years, NAHSCP
Lorna McGoran, Primary Care Development Manager
Ruth Betley, Senior Manager, Island Services, NAHSCP
Alistair Reid, Allied Health Professions Lead, NAHSCP
Christine Speedwell, Care Centre Manager
Clive Shephard, Confederation of North Ayrshire Community Associations



1.	WELCOME & APOLOGIES	
1.1	<p>Bob Martin welcomed all to his first meeting as Chair of the Strategic Planning Group.</p> <p>Bob further welcomed Councillor Dickson as Vice Chair designate of the Strategic Planning Group. Councillor Dickson's Vice Chair status will become official pending agreement from the IJB on Thursday 29th August 2019.</p> <p>Apologies were noted and accepted.</p>	
2.	MINUTES/ACTION NOTE OF PREVIOUS MEETING (29th May 2019)	
2.1	Minutes of the previous meeting dated 29 May 2019 were approved as accurate with no amendments required.	
3.	MATTERS ARISING	
3.1	Item(s) tabled within Agenda.	
4.	Integration Joint Board (IJB) - Feedback	
4.1	<p>Agreed that relevant items from IJB meetings would be shared with group on future basis.</p> <p>No pertinent business discussed.</p>	
Focus on: Care Home Commissioning Strategy		
5.	Developing a Care Home Strategy	
5.1	Caroline Whyte, Chief Finance and Transformation Officer provided an overview on the Care Home Commissioning Strategy. This involved an update on the established Reference Group and progress so far.	
5.2	<p>The presentation covered the following areas:</p> <ul style="list-style-type: none"> ○ Introduction (incl. future requirements, financial implications and next steps) ○ Current Context ○ Future Challenges ○ Current Situation ○ Impact of National Care Home Contract ○ Current Care Home Residents (incl. Care Type, i.e. Residential/Nursing) ○ Care Home Capacity by Locality/Home Locality ○ Care Home Turnover – Admissions/Discharges ○ Length of Stay ○ Age and Gender Trends ○ Care Home Respite Provision ○ Data Conclusions ○ Future Requirements ○ Next Steps 	
5.3	<p>A group discussion took place with the following points highlighted:</p> <p>Questions arose relating to:</p> <ul style="list-style-type: none"> - Process for ensuring viability of Care Homes – Betty Saunders Procurement Manager advised of internal commissioning processes - Concern was raised regarding recruitment/retention of EU nationals – Betty advised that unlike other areas, the NA Care workforce is only made up a small number of EU nationals and Brexit related impacts would be minimal in this area. - Concern raised over pressure of inspections on care services – Betty advised that there have been a number of improvements in 	



	<p>this area where Care Commission are now more supportive to providers and less punitive.</p> <ul style="list-style-type: none"> - Do we know transition rate from Residential to Nursing Care – Caroline advised this has not been looked at. Assume numbers are low, but can be analysed further. - Concern over staff conditions (pay award etc) – Betty advised a national group will be looking at this in the near future. - Concern over levels of emergency admissions – Caroline advised work will also include review of respite support to minimise the need for emergency admissions to care. <p>Due to the volume of information contained, a copy of the presentation slides will be circulated to the group.</p>	L Harvie
Focus on: Young People's Mental Health		
6.	Clearer Minds – Young People's Mental Health Support in Largs Academy	
6.1	Corrie Shephard, school pupil at Largs Academy, attended the meeting to provide an update on 'Clearer Minds' – A bespoke Mental Health Programme for Largs Academy. Following a tragic incident in 2018 involving the loss of a school pupil, Corrie conceived an idea to implement proactive strategies to target those in need.	
6.2	Corrie successfully secured funding in 2018 to provide a tailored programme for every school stage, training for school staff and parent workshops.	
6.3	The school are working together with 'Headstrong', a team of highly skilled Mental Health Professionals to improve and alter the experiences of young people with supports from staff, parents and fellow pupils. This pilot will run for 18 months, incorporating Jan – Jun 2019 and Aug 2019 – June 2020, overlapping the two academic years.	
6.4	Corrie provided a detailed vision of the wider programme, including: <ul style="list-style-type: none"> o Sustainability o Marketing and Promotion o Delivery Schedule o Community Impact 	
6.5	Corrie concluded her presentation advising of her vision to see this programme rolled out in all schools within North Ayrshire and to become part of core funding and delivery.	
6.6	<p>Following the presentation, a lively group discussion took place with the following key points highlighted:</p> <ul style="list-style-type: none"> o Recognised that S3 – S5 pupils benefited most from the programme o The eight-week stress management course had greatest impact o Noted that many of the Mental Health Ambassadors are also trained in first aid with the aim to build accreditation <p>Overall, the group highly praised Corrie's presentation and commended her aspirations and leadership.</p>	
Focus on: Social Isolation		
7.	Addressing Social Isolation across Ayrshire	
7.1	Fiona Smith, Senior Health Improvement Programme Officer, Public Health attended the Strategic Planning Group to provide a presentation on Social Isolation and Loneliness.	
7.2	<p>The Presentation covered the following areas:</p> <ul style="list-style-type: none"> o Defining Social Isolation and Loneliness 	



	<ul style="list-style-type: none"> ○ Risk Factors ○ Prevalence ○ Health Impact ○ National Context ○ Local Approach 	
7.3	<p>Following the presentation, a group discussion took place with the following points highlighted:</p> <ul style="list-style-type: none"> ○ Recognised ongoing priority for Locality Planning Forums ○ Identified within North Ayrshire Health & Social Care Partnership's Strategic Plan ○ Acknowledged the work already ongoing within North Ayrshire: <ul style="list-style-type: none"> - Identified LPF priority - Social isolation projects - Specialised working groups ○ Requirement for a strategic, co-ordinated approach ○ Discussions to be taken forward re potential linking with 'Kindness Agenda' with NAC Communities Team <p>Overall the group recognised the importance of addressing Social Isolation in North Ayrshire.</p>	LPF's
Focus on: Locality Updates		
8.	Update from LPF Leads	
8.1	<p><u>North Coast</u></p> <p>Louise McDaid provided an update on the North Coast Locality Planning Forum. Louise summarised that the MSK priority has been achieved due to a significant drop in waiting lists and more Physios available within Brooksby. The North Coast LPF have therefore adopted 'promoting physical activity' as a new priority.</p>	
8.2	<p>The next NC LPF is scheduled for Friday 22nd August 2019, where social isolation across all age groups and improving support for stress and anxiety will be the main focus. The remaining two priorities agreed are promoting financial inclusion and promoting physical activity.</p>	
8.3	<p>Louise will host a stall at a 'Tenants Day Event' on Saturday 31st August 2019 to represent HSCP. The event will be held at Irvine Royal Academy from 11am – 3pm which Louise believes will have a positive outcome. Louise and Scott are looking to identify a question to ask attendees on the day.</p>	
8.4	<p><u>Irvine</u></p> <p>No Irvine LPF meeting held since the SPG in May 2019, therefore no detailed update available. Barbara highlighted that discussions with Elaine Baxter (Irvine Locality Coordinator) and Irvine CPP continue with further updates pending.</p>	
8.5	<p>The next Irvine LPF meeting is scheduled for Tuesday 27th August 2019. Barbara noted this will be her last meeting as Chair as she is leaving her current role.</p>	
8.6	<p><u>Arran</u></p> <p>Vicki Yuill provided an update on the Arran Locality Planning Forum. Thursday 26th September will mark the first meeting of the newly merged Arran Locality Partnership and HSCP Locality Forum. Vicki highlighted that discussions have taken place regarding the possibility of evening meetings and moving these around the Island, however this requires further discussion with HSCP partners.</p>	
8.7	<p>Vicki delivered an update on the Island priorities</p> <ul style="list-style-type: none"> - Social Isolation 	



	<ul style="list-style-type: none"> - Transport - Complex Care - Integrated Hub 	
8.8	Vicki outlined that Arran has a new researcher in a one-year post to support an Alcohol and Drug Study, which will scope out services within the community and families affected by alcohol and drug misuse. The aspiration is that the research will scope out the most appropriate model for the island.	
8.9	<u>Garnock Valley</u> Janet McKay provided an update on the Garnock Valley Locality Forum. Work continues to successfully progress on identified priorities, including MSK, children & young people and social isolation. Discussions continue with CPP colleagues with regards to how the LPF integrate with CPP planning.	
8.10	The next Garnock Valley LPF meeting in October 2019 will focus on refreshing the current membership. Janet highlighted that the existing membership has been in place for several years therefore requires to be reviewed. Following this, the newly formed group will concentrate on identifying new locality priorities.	
8.11	<u>Three Towns</u> No update from Three Towns locality as no representative in attendance. Update required at next meeting.	J Sweeney/ A Keir
8.12	<u>Kilwinning</u> Sam Falconer provided an update on the Kilwinning Locality Forum. Following discussion at the previous SPG in May 2019, Sam reiterated that current priorities had fallen away, meaning new priorities have now been identified.	
8.13	Following feedback from the CPP and What Matters To You (WMTY), the group identified the following priorities: <ul style="list-style-type: none"> • Buckredden Care Home Project (previously successful – continue to support) • Mental Health (engage with community re current services available in locality) • Promoting physical activity • Raise awareness of HSCP Services An update will be provided at future SPG meeting on progress of these newly identified priorities.	
9.	AOCB	
9.1	Thinking Different Doing Better (TDDB)	
9.2	Michelle Sutherland extended an invitation to SPG, LPF and CPP members to the Thinking Different Doing Better Sessions currently running within West Road, Irvine. Michelle advised that she would liaise with the TDDB hosts in an attempt to arrange a group session for members to attend.	
9.3	Louise McDaid suggested that members do not attend as a group, but that groups are mixed, due to the message the sessions are hoping to demonstrate. Michelle will take this proposal forward.	M Sutherland
10.	What Matters to You? (WMTY) 2019 – Initial Feedback	
10.1	Scott Bryan delivered an update on the initial feedback received from WMTY day on 6 th June 2019: <ul style="list-style-type: none"> • 285 responses gathered • Identified key measures <ul style="list-style-type: none"> - Waiting times/availability of services - Competent staff 	



	<ul style="list-style-type: none"> - Community safety - Libraries for Social Hubs - Transport 	
10.2	Louise highlighted the importance of the library information being shared to help inform the review of library services. Michelle advised this information could be split between Localities and passed to Audrey Sutton's team.	S Bryan
10.3	Following analysis stage, a detailed draft will be shared with LPF and Locality Partnership colleagues for consideration.	
11.	AOCB	
11.1	<u>Irvine LPF Chair</u> The IJB are required to nominate a replacement Irvine LPF Chair due to Barbara Conner leaving her current post. An update will be provided as soon as available.	
12.	<u>Future Agenda Items</u> Any agenda items to be forwarded to Scott Bryan or Louise Harvie for inclusion within future agenda. Agenda items received to date: <ul style="list-style-type: none"> • Input from Gamblers Anonymous • Partnership Performance/Review of 2018/19 Strategic Plans Actions • Transformation and Finance • New Strategic Plan Development – 2020/2021 • Malnutrition Strategy 	
12.1	Bob thanked the group for their participation at today's meeting and highlighted if members have any suggestions on how they would like future meetings to operate, to contact Scott or Louise in the first instance.	
12.2	There was no other business to be discussed, therefore the meeting was closed.	
13.	Next Meeting	
13.1	The next meeting will take place on Wednesday 2 nd October 2019 at 10.00am within Fullarton Community Hub, Irvine.	